SACRED G

L.O.V.E. ACTIVATION TECHNOLOGY

www.LoveInnerversity.com
I was given an incredible vision, message and technology to spread to the world during my 300+ Near Death Experiences. With this eBook, I offer all that I was given and more as a Service to the world in appreciation for the Visions I was gifted. Sacred G technology restored my health and has given me a life beyond my dreams. I believe that good health and an amazing life are the birthrights of every person on the planet and I hope this information and technology will transform your life the way it has mine.

If you have additional questions that are not answered on the website, nor in this eBook, please email them to info@loveinnerversity.com and the answers will be included in future editions of the book and updates to the website. Because of the growing quantities of email that I receive, I am sorry that I cannot always respond immediately. I assure you that I do read your stories and comments and I really appreciate your feedback.

If you have questions about what you are experiencing as a result of using Sacred G, you can book a session with one of our specialists. After you purchase a session, you will be contacted to setup an appointment. If you are interested in placing an order over the telephone, please send an email to order@loveinnerversity.com and I will have a sales representative contact you ASAP.

Thank you for choosing Sacred G. Please attend the Love Innerversity and educate yourself with some of the most incredible information circulating the planet. If you have any comments, suggestions or topics, please email me at info@loveinnerversity.com.

With Love & Light, We shall all find the way!

Core Love
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INTRODUCTION

Welcome to the Sacred G eBook. In this book, I will introduce you to a technology that is designed to awaken your body and spirit consciousness to a new, higher level. I have been given a message to share with you. This is no ordinary message, nor is it something that I can share with you in a couple of sentences. The message is something that you must become. It is Sacred and must be experienced for you to truly understand its profound meaning.

*Sacred: Something that can only be experienced, something that can only be shared with those in the know.*

With this eBook as your companion, join in and I will take you on a journey that you will never forget! A life-changing journey! You can work through this as fast as you like or you take as long as you like. It’s designed to meet your personal desires and goals for building a more meaningful life. For this type of personal achievement, I would suggest that committing to incorporating Sacred G technology into your life will be one of the most important actions you can take in reach of your highest potential.

Before you get started with that, however, I’d like to share the stories of my AfterLife experiences with you. I’d like to tell you how Sacred G technology came into being.
CHAPTER ONE

Cory Herter
The Creator of Sacred G

Let me guess . . . you’re wondering the exact same thing that everyone that comes to this website is wondering. How did Cory Herter have over 300 near-death experiences? How could anyone possibly spend over 1000 hours on the Otherside? As incredible as the story to the AfterLife is, it is my story and one day, it will be your story also.

So how did I have over 300 death experiences? The explanation is actually very simple. In 1990, when I was 10 years old, I was involved in a very serious car accident and suffered a traumatic head injury – severe enough to cause bleeding of my brain tissues. I was very lucky to have survived. It was during this trauma that I experienced my very first near-death event (NDE). It wasn’t anything magnificent. One moment, I was sitting in the front seat of my Grandmother’s car looking at all the blood splattered everywhere and the next thing I knew, I was up and out of my body, sitting above the car, looking down at all the commotion. I was kind of nervous about what was happening, but this man came and sat next to me in the air. It’s kind of weird, saying “sitting next to me in the air” or that “this presence came and sat beside me in the air.” Nonetheless, that is what happened. He said to me, “It’s going to be OK, you’ll be back very shortly. Just relax... its part of the process.” The next thing I knew, I was in the hospital.

From that car accident, two major things occurred that changed my life. The first one was the complications from the brain injury. I suffered both short and long-term memory damage. My long-term memory was severely impaired, and my short-term memory was good for about three to five days. It was strange . . . I couldn’t recall memories by myself, but if someone brought them up, I could remember them. Memories existing in an everyday awareness simply did not exist. I came to understand that when people talk about being in the moment, being in the moment means that you don’t have a lot of extra memory baggage weighing you down. This state of memory-less mind made me a very happy-go-lucky person. I didn’t have any worries or cares, or fears, or anything. Without a fully functioning memory, I was always just really, really in the moment.
A few years later, around 1994, something very unusual started happening with me. Being in the moment started to mean that there were two very different moments to be in. In one moment, I would be happy and celebrating, giving life everything I had. In another moment, I would look around and not recognize anything . . . or anyone! I would be in the moment, but without any short-term memories.

These times were very frightening and confusing. I would not know how to behave or what to say. In the beginning, I think these episodes threw me into a state of shock. When I had an episode, I usually tried to remove myself from everyone and everything. I would huddle in a corner, afraid because I would not recognize my surroundings and I wouldn’t know where I was. My whole body would be in a state of shock, and I would always say the same prayer: “Please God, please help me, please take me away from here. I don’t know where I am, I don’t know what I am doing.”

After my very heart-felt prayers, this energy would float through my body and everything would become very peaceful. Gradually, this process happened more and more often as time went by. I would have an episode every five days over a period of about six months. The energy that would surge through my body kept increasing every single time it visited. And then around the age of fourteen going on fifteen, something changed. The energy would surge through my body so fast that it would literally pick me up and take me out of my body and I would suddenly be in the same undefined place that I had been when I had my first near-death experience right after the car accident. This continued for five years . . . like a perfect cycle, every five days, my body would go into shock, which would trigger the release of an incredible energy. This energy would send me into a near-death experience and I would find myself in some sort of other world.

For several years, until around 2004, I didn’t really understand what was happening to me. I didn’t understand the mechanics of the process that I was going through. Each episode into a near-death experience to the other world lasted anywhere from four to twelve hours. The longest episode lasted in a peak state for about four days. After that length of time, it seemed to take a couple of weeks before I felt fully re-oriented to the earth plane.

These incredible experiences taught me many things. I soon learned that the other world was actually the Otherside and it was here that I met many great beings and I was privileged to be their student. During my visits to the Otherside, I was given the
technology to heal my brain. This happened from approximately 1995 to 2000. By 2004, I had developed and used Sacred G technology to the point where my memories slowly began to return. This was the Ascender design at work. The Transporter also helped my memories resurface. It’s been a really incredible experience!

So that’s how I experienced over 300 near-death episodes. But many people ask me . . . what was REALLY happening in my body for this to happen?

I believe that the source of my experiences lies in the pineal gland. There is a chemical produced inside this small, pine-cone shaped gland called DMT . . . short for dimethyltryptamine. It is a naturally occurring tryptamine and sub-neurotransmitter that mimics serotonin to some degree. It’s also a hallucinogenic compound and there are trace elements of DMT in our brain tissue, blood, urine, and cerebrospinal fluid.

Many myths and legends have linked the pineal gland to spiritual experiences of Otherworldly visions. The Egyptians referred to the pineal gland as the third eye, the connector of the body and soul. Rene Descartes believed that the pineal gland was the seat of the soul. Today, a lot of research is being conducted as to the properties and purpose of this small gland. Many scientists believe that the chemical DMT may be the link that connects us with the Source, which lives beyond our bodies. It informs us as to who we are as a spirit. When the amount of DMT is increased in our brain, the connection to the Source is very sentient and we feel like we are spiritually home.

Typically, the release of large doses of DMT is believed to occur twice in our lifetimes -- when we are born and when we die. There are several hypotheses that argue for the possibility that large doses of DMT create a portal that allows a person to break the veil and travel into other dimensions. In its naturally occurring state, DMT is the chemical pathway to dreaming, which usually occurs when a person is in deep REM sleep.

There are many available videos on DMT if you’re interested in learning more about this chemical with such a mysterious reputation. I believed that large doses of DMT acted as a facilitator of my 300 near-death experiences. I think that my brain injury reconfigured some of my brain’s neuron pathways and in the process created a trigger that forced a release of larger than normal productions of DMT. While in the beginning, it all scared me . . . now I am very humbled and grateful for all the trials and tribulations my brain has given me. Without those, I would not have had the incredible experiences from
the Otherside and without those, I would not have the incredible technology of Sacred G to share with you.

**The Evolution of Vibrational Energy Technologies**

A lot of people are curious about how I started working with Sacred G technology. Where did it come from? Well, I can tell you that it had its own evolutionary path . . . it didn’t just start with the print-technology laid out on a flat surface. A lot of people have asked me, ”How can you put these designs onto a flat piece of paper and expect them to do anything?” In the simplest of terms, *everything* is energy, energy comes in both a particle or a wave. With Sacred G technology, vibrating waves are emitted from the designs and are absorbed by the cells in the body. The waves carry information as all waves and particles do and the body’s cellular structure responds to the information encoded within Sacred G. It is really no different than information on a microchip that uses a flat surface to direct energy (like electrons on a microchip) through specific pathways. Sacred G uses the same principles to direct energy through the designed pathways illustrated on paper. Just like a microchip has software that extracts compressed programming into usable information, Sacred G has a unique extraction process to convert the design energy into a three-dimensional environment, which includes your body. So, you could consider the designs as microchips, which convert energy into information for a computer. In this case, the computer would be your body. So, you see, it really is quite quantum-ly simple.

Before Sacred G, I used several other vibrational technologies for healing. Within any vibration, there is light, sound, magnetic fields, electromagnetic fields and also pressure. Most people aren’t aware of the various elements that can be used within a vibrational system. I have worked with all of them, and Sacred G is really the amalgamation of all the elements that are part of a vibration. I consider it the capstone that holds all elements together.

With Sacred G, I can influence light waves, sound waves, magnetic fields, and electromagnetic fields, although not essentially *within* the fields themselves. But I can add energy to the underlying structures by adding layers of density and depth. It is like using sound or light as a carrier wave to include extra Sacred G information.
In 2000, I designed and built a unique type of bed . . . the Enhancer Bed. The bed incorporates light, sound, magnetic therapy, and intense sentient qualities that are derived from an essential oil blend and intensified by the bed’s construction. The bed is absolutely amazing!

There is a specific preparation ritual guaranteed to heighten the Enhancer Bed (EB) experience. The first task of preparing yourself for the EB is “to take your medicine.” Just kidding . . . there is no real medicine! However, my teachers gave me the recipe for a special clay mixture that will absorb body toxins as they break apart during the use of Sacred G technology. The clay mixture is formed into small tablets and easily swallowed. That’s the medicine . . . and you are probably wondering what it tastes like. It tastes earthen as you might imagine that clay would.

The second task for preparing yourself is quite pleasant. You need to mist your nude body with an essential oil blend of 137 ingredients. Incorporated into the bed’s design are eighty different colored lights that shine on your body while you are lying, stretched out on the bed. Then 14 high-strength magnetic necklaces are draped over your body. As for music . . . I was instructed how to build a custom CD for chakra therapy that is embedded within many different types of music in the background. In total, there are 40,000 minutes of every kind of music you can think of, compressed to play 100x/minute. With the compressed music embedded on a seven chakra CD, all you can hear is a slight hum, yet you can feel a major difference from a regular CD with no subliminal programming. This CD promotes an internal awareness through beautiful, evocative music, triggering each chakra to activate for a vibrational healing. The special quality of this CD is the embedded vibrational information that resonates with the chakra system to release the charged memories that they hold. Behavior patterns are stored within the chakra energy centers. When the chakras release insightful information on how our behavior patterns serve us, it becomes much easier for us to address our negative and nonproductive issues. Sacred G is a huge component of the CD.

For those with a Star-Trek affinity, I also have the popular Voyager glasses with little red lights that flicker on and off, displaying a dizzying array of geometric patterns. All of these modalities work simultaneously, creating something like a sensory overload-chamber. The Enhancer Bed certainly lives up to its name.
In the past, I would use the bed for about an hour and a half every day. My experiences were always expansive and peaceful. I would quickly feel myself float right out of my body and go into this infinite plane. I would just expand outward until I could feel this eternal quality of being. It was very similar to what I felt during my near-death experience when I was swept into the tunnel and immersed in the Light. You can read about that incredible experience in my upcoming book, *My Journey to the AfterLife*.

The Enhancer bed was so pleasurable that it became an entity unto itself. My girlfriend and I could have an argument and I’d say, “Let’s go to the bed!” So we’d go to the bed and after 30 to 45 minutes, sometimes an hour later, we would arise completely calm, with no charge whatsoever between us and we’d quickly realized that in our arguing, we were essentially saying the same thing . . . we were just having communication issues.

After using the bed for about a year and a half, I realized that I had grown from this technology as much I was meant to and it was time to move into developing other technology systems. However, before moving on, I had one more element that I wanted to experiment with and that was water. I placed several 5-gallon jugs of water onto the bed and let the water cook for several days. This water was to replace our normal drinking water. It turns out that my experimenting was actually quite dangerous. I could tell that the Enhancer water was powerful, and within minutes of drinking it, my heart started rushing and palpitating to the point that it dropped me to my knees. I thought I was having a heart attack! My brother and girlfriend experienced the same reaction. This is when I became humbled by the power that is inherent in vibrational technology and I learned that it is like the ocean . . . powerful, unstoppable and it demands respect.

For years, I have heard people say, “Oh, it’s all vibrational energy. It’s all positive. It’s all good.” But I learned from my experimenting that vibrational energy is extremely powerful and there’s a lot to understand about it. I’m sharing this with you, so that you will know that I’ve studied and experimented and I know what works and what doesn’t work with vibrational technology.

Vibration works just like chemistry . . . it’s basically a mathematical form of chemistry. So, if you start getting too much of one vibration, your body can be thrown off-balance. I was beginning to learn just how important vibrational balance is . . . so I started asking a new set of questions. How many different colors are there? How can you get a balanced spectrum of light or color? How do I know which vibration to use with
people? There was so much manual calculation in trying to understand which sound vibration has what type of effect on which organ in the body. One sound vibration may affect a specific organ in one person, but it may affect a completely different organ for another person. For example, I found that the color blue affects me in one way, but it affects other people in a completely different way. I began to understand that our bodies are internally wired very differently. One-size-fits-all doesn’t apply when using vibrational technologies. Each of our bodies is different . . . we have own unique print, just like our fingerprints or retina print. They are customized and so is our own internal vibrational wiring. We each are unique with our own individual code that needs to be cracked.

I started searching for a full-spectrum vibration, which was perfectly balanced. In other words, it would resemble a perfect white light, which is the totality of all colors with a perfect vibrational balance of each color. In the process of searching, I studied a lot and constructed a lot of technology with electricity. I actually built technology that was similar to the construction of Stonehenge – post and lintel. It’s really a funny story. One day, I will make a video demonstrating this technology so that you can learn how to build little mini-Stonehenge water chargers for yourself. This work was the starting blueprint for the more advanced Sacred G technology on a flat surface. Eventually, I came to understand the whole spectrum of vibration. The only way that I could produce the new technology was in a 2-dimensional form on a flat surface using Sacred Geometry. With Sacred Geometry, I could control the angles. Using angles, I eventually figured out which angles would produce what types of vibrations. Understanding that this invisible force of energy is governed by a mathematical system of vibration, I built a mathematical model that made it possible to capture this energy in a 2-dimensional form. Included in your subscription to the LOVE Innerversity, is a 3-hour video series that teaches some of the basics about the mathematics of Sacred G technology. They are easy to follow and offer a lot of information.

After much studying and experimenting, I finally found a formula to create a full-spectrum vibration that works as an agent to stabilize energy and can be integrated into any healing modality. Sacred G Fusion includes a full-spectrum vibration that works by directing the appropriate vibration to its corresponding region of the brain. Most importantly, it triggers the pineal gland to activate more fully.
One very valuable aspect of a full-spectrum vibration is that it operates as a freedom vibration. It opens us up to choice and in this way, it forces us to open ourselves up to receive choice. Once we have choice, the technology moves us to a place where we are often critical of ourselves and quick to lay down massive amounts of judgment. That is essentially what Sacred G Fusion does. It goes internal and exposes belief systems that are locked into one setting . . . a setting that does not work very well in advancing your potential. It awakens a small, still voice that is very powerful. This inner-voice reminds you that you CAN change. You CAN alter, and in some cases, completely erase belief systems that no longer serve you. The full-spectrum vibration is an integrative agent, and that’s what makes Sacred G technology so powerful when used with other modalities. Every healing modality focuses on specific areas of the brain for healing parts of the body. Sacred G Fusion is a powerful complement to healing modalities because it activates regions of the brain that are often missed with specific, targeted treatments. Sacred G Fusion helps to integrate new programming changes into your life. When you use healing modalities and various healing products and technologies, you are accelerating the natural healing processes that typically take place at night while you are dreaming.

The more healing that takes place, the more powerful Sacred G Fusion will become. If you are a health practitioner and wish to accelerate the results of healing modalities and help your clients integrate the healing work that they do, advised them of the positive consequences of working with Sacred G Fusion technology.

So, this is the story of how Sacred G came to exist. It came out of a search to find a really stable, perfectly balanced vibrational system that you could continuously add to in order to reach higher and higher states of consciousness. It is a technology that will keep you stable, balanced, and of course, very spiritually pure. The supreme intention in creating Sacred G was to find a vibrational technology that could work in and through the body to heal all aspects of a person’s life. Sacred G is a technology . . . a powerful energy in a 2-dimensional format that is designed for physical and spiritual healing, in order to activate higher levels of functionality with the human body.
CHAPTER TWO

The Sacred G Partnership with the Pineal Gland

For thousands of years, the pineal gland has been a mysterious actor in the play entitled, *The Human Body and its Life Force*. Over the centuries, it has played many cultural roles. This very small gland, located between the two halves of the brain, was originally thought to be a vestigial remnant of a larger organ. It is long thought to have mystical powers... many cultures consider it a spiritual Third Eye that informs our inner vision. The ancient Greeks believed the pineal gland was our connection to Other-worldly realms of thought -- many mystical traditions and esoteric schools have taught that the pineal gland is a link between the physical and spiritual worlds. French philosopher Renee Descartes referred to it as the seat of the human soul, believing it to be a powerful source of spiritual energy.

Centuries-old Eastern philosophy believed that the pineal gland was associated with the sixth chakra (also called Ajna or the third eye chakra in yoga). Modern Eastern thought tends to consider it as a pathway, gateway, or a portal to other dimensions.

In the 1960s, scientists discovered that one of the primary functions of the pineal gland was the production of melatonin, a chemical compound that is key to regulating the circadian rhythms. Melatonin production is inhibited by light and enabled by darkness. Other hormones released by the pineal gland are believed to excite and activate the development of higher-mind learning and intellectual activity. The compound DMT is believed to be connected to this process. Although scientists have yet to prove this, the anecdotal evidence is overwhelming. Like many things in science, common knowledge about something may exist for centuries before scientists are able to definitively prove it as fact. The mystery of the pineal gland has been solved. The mystery now belongs to the production of DMT.

**Pineal Activation through Sacred G Fusion Technology**

**The Pineal Gland DMT Connection**
The pineal gland is a tiny, tiny endocrine gland in the vertebrate brain. It is about the size of a grain of rice! But size aside, it is absolutely incredible and it works for us in so many ways. One of its more important roles, but lesser known for most people, is the production of DMT. DMT stands for *Dimethyltryptamine*, a hallucinogenic compound that permits our spiritual connection to Source. DMT is a naturally occurring hallucinogenic in the human body, plants and animals. While you can extract DMT from grass clippings from your lawn and find it in every human brain, chemically enhanced DMT is an illegal substance just like heroin or cocaine. Not to worry though, a healthy pineal gland produces only very small amounts of DMT.

Brain injuries, however, can alter the amount of production and either produce less or more DMT. Many people who have suffered brain injuries can attest to a higher spiritual awareness, as well as an increase in the activation of the body due to the production of large amounts of DMT. A few years after my brain injury, I began experiencing episodes where I would enter into another dimension. My teachers have explained that this was possible because large amounts of DMT were released in my body every five days for over five years, sending me through many near-death experiences where I was taught how to build the Sacred G technology. The purpose of my near death experiences was to learn how to overcome the fear of death and so that I might understand how to truly live. The pineal gland is a crucial part of that ability.

As mentioned before, the pineal gland is considered a third eye by many cultures. This is because of its location, which is in the center of the brain, behind the forehead. In reptiles, this gland actually has a cornea, a retina, and a lens and is *literally* a third eye!

The pineal gland also plays a part in regulating the body's thirst, hunger, sexual desire and biological clock. The biological clock serves several functions, one of which determines our aging process. An interesting aspect of the pineal gland is that it begins to calcify, as we grow older, mostly due to the amount of fluoride in tap water. To offset this, it is important to charge up your water and food, just as you charge up yourself each night. This will begin activating your pineal gland, making it more alive so that it can overcome the suppression from the toxic environment that we all live in. One of Edward Cayce’s favorite lines was ‘Keep the pineal gland operating and you won't grow old – you will always be young!'
In the human body, the pineal gland has evolved to the point where it can perceive visible light and also invisible light. The light that we normally associate as being visible is just a very tiny sliver of the electromagnetic spectrum. The pineal gland is able to pick up the invisible forms of light and vibration from our environment, although most people are not consciously aware of it. These forms of light and vibration are what we experience as our spiritual senses. We all have spiritual gifts – clairaudience, clairvoyance, or clairsentience. We have the ability to feel what other people are feeling. We have the ability to talk to people on the Otherside. We have the ability to channel and receive information, intuitive nudgings, and premonitions. Now the decision to build the discipline that is necessary for studying and practicing these gifts . . . well, that’s a different story. Most people are so connected to the frenetic lifestyles of the world, and that they have little time and energy to fully develop the wholeness of their capabilities.

When you truly connect to your spiritual inheritance, you will realize that it reflects the state of **Oneness** that connects us. Our physical bodies project the appearance of us being separate individuals with our own separate space. However, when we move into our spirituality, we connect to the all **Oneness** and we become **One Consciousness**. By increasing DMT production in the pineal gland, we can easily move into that state of consciousness and experience life at a richer, deeper, and more synchronized level.

Sacred G technology works by using mathematics to enhance and activate the pineal gland and increase the amount of DMT production. The increased amount of DMT is the ticket to our **Source** connection and our spiritual abilities.

We live in an exciting era where many people are arriving on the planet as Lightworkers. Many people have grown tired of a lifestyle that has left them empty and spiritually starved. They have turn inward, seeking a meaningful existence during their time on the planet. People everywhere, in all sorts of places and cultures have been waking up and so have their spiritual senses. For some people this can be an overwhelming experience and a little scary as new belief systems about what they are truly capable of enters into their psyche. It is important to be grounded and stabilized during this powerful life change. Sacred G technology enables us to increase DMT production, unlock higher spiritual senses in a way that is stable and balanced.

As we become more consciously activated, we are participating in the spiritual revolution presently taking place on the planet.
The Pineal Gland – Boy or Girl, Night and Day

The pineal gland is so crucial to who we are and how comfortable we feel in our skin. By regulating the hormone production of testosterone and estrogen, the pineal gland affects our comfortability with being human, with being a male or a female, and the degree to which we feel masculine or feminine. If our hormones are off, it affects many aspects of our bodily functions. We may feel uncomfortable being who we are. We may have to deal with depression, or manic-depressiveness. We may feel lethargic and have a very low desire to move around. We may even have difficulty focusing and expressing ourselves clearly.

Many people, especially those with sexual gender issues, say that they feel like they are in the wrong body and some people even say that they don’t feel like they should even be here on Earth . . . it doesn’t feel like home to them. These feelings are heavily impacted by hormonal imbalances caused by an inactive pineal gland.

Sacred G Fusion is a technology that can assist in stabilizing our hormones, delivering a balanced sense of how we feel and who we are in our “earth suits.”

Sacred G Fusion will enhance your hormones for building muscle tissue faster (thereby increasing performance) and it will assist the body in healing itself faster. Women will develop a curvier body and appear more feminine. Men will also change in behavior and masculinity. Each will step into their sexuality with ease, and their connection to their sensuality will quickly follow. They will notice that their skin seems more alive and sensitive to its environment.

This intensity of touch and the phenomenal feeling of living with awakened senses is what the richness of life is all about. When your senses are dull, life is sure to be dull also. When your senses are shut down, life becomes very boring. But when your senses are awakened, running at full speed, living feels great. You feel comfortable in your body. You come to know your body well and love and respect it. You want to move and be active and engaged in your environment. You love who you are. You love the life that you have here on Earth and because you do, you resonate with purposeful living. People will be attracted to you. Some will recognize what your secret is and others will wonder what it is you have that they don’t. You will find that opportunities in every area of your life will multiply in
number and expand in possibility. People will want to do business with you. They will want to make deals and sign contracts with you. They want to be friends with you, play with you and laugh with you because they sense that you have that special quality of life that everyone wants, but so few have. You will easily pull into your life everything that you need to live fully.

Your relationships will be better than good – they will be awesome! This goes for your sexual experiences too, so you can expect them to intensify, especially on a Sacred G Fusion bed set. The Sacred G Fusion will pull out the primal forces of the kundalini energy that comes up through your spine. This is a corporeal, unconscious and instinctive force that will activate and heighten all five senses, giving you a very sensual and pleasurable sexual experience. The kundalini energy is considered to hold the power of pure desire.

**The Pineal Gland and Your Circadian Rhythms**

When many people are asked about their circadian rhythms, they usually respond with some answer about their sleeping patterns. But there are *several* rhythms that affect how you feel physically, emotionally, and psychically. Everyone is very aware of the 24-hour cycle, but there is also a 28-day cycle, known as the moon cycle for women. There are also three month and six month cycles, one-year and four-year cycles. These cycles are related to the movements of the Earth, the sun, the moon, the planets, the solar system, and the galaxies. Your circadian rhythms are affected by these cycles and if the rhythmic systems are suppressed in the pineal gland, you will always feel out of sync. Your timing will be off . . . you will arrive at your destinations to early or too late and you will always seem to miss that moment, that opportunity . . . the one that you had been waiting for. You will always seem to be reliving the past or reflecting on the future, but you will seldom be in the present and that’s too bad because that’s where all the magic is. When your rhythms are off, you will find that making connections is difficult. It’s like you have the wrong vibe and the people that you’d most like to associate with, are not in sync with you and therefore not interested in spending time with you. When this happens, most people draw their world very small, and put just a few people in it and that’s a shame because there are hundreds of thousands, even millions of amazing people sharing time and space next door to you on the planet.
Sacred G Fusion can assist in reprogramming your biological timing to be in sync with the circadian rhythms that correspond to positions of the earth, the stars and the planets. When this happens, timing becomes a state of perfection. Things and people will seem to effortlessly show up at your doorstep just when you need them. Life will unfold easily and perfectly. You will meet the right people at the right time for the direction in which you are moving. They will serve to help you get there. You will become cognizant of how this works and you will stop wasting time with people who are wasting your time, who have nothing to offer you. You will be able to walk into a room and immediately know who to approach and who to veer away from. It’s an ability that is beyond logic and it is priceless! Synchronicities will amaze you with their incredible timing and you will begin to feel as though you are a master over life. And that would be true. Life is here to serve you and it does when all bodily systems and rhythms are ticking in tune. Sacred G Fusion is built to create this kind of perfect in-sync timing.

The Natural Healing Mechanism . . . Sleep

The output/input of energy from the brain that takes place during the day and night is a topic we will discuss more fully when we talk about the Sacred G Transporter design. But for now, let’s just say that the daytime hours require a very large output of energy from the brain and the nighttime hours require even more energy from the brain to stay ahead of its workload. Early on in life . . . around the time that we figure out that our toys are good, but ours plus someone else’s is even better, the concept of more and less, good and bad enter into our brain’s lexicon and the race is on. It doesn’t take long for the brain to figure out that on a lousy diet, with lots of stress, a heavy workload to keep up with the Jonses, and not enough sleep (and some of that is restless), the energy output is going to be way more than the energy input. The brain is smart and it quickly understands that to survive, energy conservation is vital. So, it shuts down all aspects of brain functions that are not absolutely necessary and it does what it can during the nighttime hours to replace lost energy while the body is soundly sleeping. A lot of healing takes place at night to mend the wear-and-tear of daytime hours.

It is easy to see that less energy output during the day makes it easier to recoup and amplify the energy input that takes place during the night. How do we use less daytime energy? We do it by cleaning up old memories, old hurts and pains . . . those kinds of
thinking that sucks energy like a vampire, just so that we can continue to replay the past. It a useless exercise that burns lots of energy. We will get into this more in the next chapter. Suffice it to say that the nighttime hours of sleep are extremely important to our good health and well-being.

Sacred G Fusion technology helps assist with the regeneration of energy during sleep time. It does this by assisting the body in producing greater amounts of melatonin, a hormone that affects the modulation of waking/sleeping patterns. When melatonin is secreted in the required amounts, the body has restful sleep and during this time, deep healing takes place and energy is regenerating to fuel another day.

To recap the work of the busy pineal gland, it regulates our connection to Source our connection to ourselves, to other people and to all that is in our environment, including all aspects of Mother Nature. It regulates our sleep with the production of meltonin. It also regulates our metabolism (temperature and speed). It is responsible for how fast or slow we travel through life. It is the master gland and considered the third eye in many cultures. Sacred G Fusion is especially designed to connect with this all-seeing eye, the eye of God, the eye of Rah.

To be able to offer you the healing effects of Sacred G Fusion is an absolute honor for me. Use this technology to reactivate your body and your life. Get yourself out of the survival state that you have been trapped in. Open yourself up to life’s potential because life is incredible!
CHAPTER THREE

Sacred G Technology Designs

Thank you for trying Sacred G Technology. Sacred G is an incredible vibrational energy product designed to open up and maximize human potential. There is a series of processes that will take place in your body as a result of using this technology. Each Sacred G design focuses energy into a different area of the brain and each one has its own unique benefits. Sacred G Fusion is an amalgamation of all the designs linked together to maximize the full potential of Sacred Geometry.

There is a physical process attached to each design whose purpose is to enhance the potential of the body and the rejuvenation of the spirit. Although I have listed the designs in the preferred order for the most optimal benefit, you may choose what type of energy and what type of growth you want to experience and you may choose the order that you feel will work best for you. But before we get started . . .

A Little Biology

Actually, a little NEW biology . . . short and sweet . . . as a refresher. We all know that the universe is not really solid matter – it is energy. The body is also not solid matter. It is energy as well, and it is influenced by energy. DNA is the written code for understanding the energy that appears solid as our body. DNA is the source of the unity of life. It is the molecule of inheritance in every living cell. It may be a little scary to think that we share the same DNA as the earthworm in South Carolina, the eagle that soars across Alaskan skies, the zebras that roam the Serengeti plains, the whales that swim in ocean waters, and the grasses on Mongolian steeps . . . but that’s how it is.

Now the question might arise . . . “OK . . . if this is true, why aren’t we all the same?” The answer lies in the differences that come from the coding of our DNA, which collects its data from three sources: inherited information, biological evolutionary information and contemporary environmental information. You can see how the coding information easily changes along the way, according to many things . . . chemical foods and drinks, toxic water and air, even toxic environments full of negativity (think especially of news reports) and toxic people (we all know a few of those).
How do the DNA changes occur? The new biology suggests that real, individual change starts in the mind and is telegraphed to a small slice of cellular material that sits atop the genome (one complete set of chromosomes, remember?). Basically, you would be correct to say it sits on the DNA gene. This cellular material is called an epi (Latin for above) genome – epigenome. The old biology taught that DNA goes to various forms of RNA (depending upon its purpose) and RNA to protein molecules. These are the building blocks of life. Without protein molecules, we would have no cells.

So why aren’t we earthworms or zebras if the same genetic code is followed when translating its information into proteins?

We owe our existence as a human, rather than an earthworm, to the epigenome. It has the responsibility of Information Management for each cell. It tells particular genes to switch on or off. Remember a cell in your brain, and your kidney, and your fingernail contain the same exact DNA. For nascent cells to differentiate, the epigenome needs to release the necessary and **proper** information.

The problem with epigenomes? They can be so fickle. They are so easily swayed by outside influences, like environmental factors such as toxins in our water and air, diet, smoking, stress, and yes, *wrong thinking*. Now the good news is – we can reduce the fickle behavior of epigenomes by altering our lifestyle and cleaning up our body’s cellular environs.

How do we do this? Well, remember epigenomes are fickle. They easily respond to thought and outside vibrational (electro-magnetic fields) influences. Of course, I am referring to habitual influences . . . so habitual, you may not even be aware of them.

One of the best house-cleaning agents for contaminated cells is vibrational energy. We’ve all heard the quote: change your thinking, change your life! Well, the new biology says, “Change the influences affecting the fickle epigenomes and your life will be changed on a cellular level.” That’s real change!

Why is this so important? When your cells are cleansed of toxins and debris, there’s lots more room for energy to pass through. The more energy . . . the more optimal your body’s performance will be – and the rejuvenation of your spirit will quickly follow.

Vibrational energy, designed to aid in the removal of toxic materials from the body, is one of the most important purposes of Sacred G technology. So, let’s get to work!
Sacred G Technology

There are six unique Sacred G Designs, each design activates a specific region of your brain. There is also Sacred G design called Fusion which integrates all the previous designs into one. This section focuses into the benefits of each design and how they work.

Sacred G Spot

There is a six-stage sequence for how Sacred G Technology works to boost energy and increase health. The sequence is very simple. First, your cells absorb the G Spot
vibrational energy by influencing the behavior of the epigenomes. What follows is a good, old-fashion house-cleaning for every cell in the body! Your cells will immediately start detoxing and eliminating toxins that have built up over a period of years. If you have done a lot of drugs or taken a lot of pharmaceutical drugs, you will notice that they will break down quickly and begin to leave your body. You will probably need to stay relatively close to the bathroom for the first few days as your body works to slough off the toxic matter. I would suggest that mall shopping might be out of the question during this period.

You also may experience headaches from the chemical eruptions taking place in your body. In this process, you may find that old pains connected with old memories start to resurface . . . this is actually quite good for you. Everything that should not be in a healthy mind and body will work to release itself and this is what generates a new force of energy. For some people, the healing action can be aggressive -- even so, this is an essential part of the process. If you feel some discomfort, that’s a good sign that the technology is hard at work in healing your body . . . so go with the flow! See this experience as an investment in the newer, healthier, more energetic you!

Sacred G doesn’t give you energy. It delivers a vibrational technology that speaks to the epigenomes, telling them that it is time for the cells to, not only dump the toxins, but also cleanse away the memories that serve no positive purpose. Without intervention, toxic materials and memories can break down the cell structure -- crippling our physical potential, inviting in disease, and aging us prematurely. The Sacred G Spot technology is specifically designed to force a house-cleaning on our cells.

The Sacred G Spot also focuses on the hypothalamus in our brain, a very small, but very important gland, which is primarily responsible for the body’s homeostasis. It has many jobs: controlling metabolic processes, synthesizing and secreting neuro-hormones to send to the pituitary gland (these stimulate or inhibit the secretion of pituitary hormones), controlling body temperature, hunger and thirst, fatigue, and the hormonal and behavioral circadian rhythms. Wow! That’s a lot for a gland the size of an almond!

When your hypothalamus lacks energy, your body does not run very well. The analogy of a body to a car is apt. If you put in a lousy grade of gas, you don’t really expect your car to run optimally . . . do you?? It’s the same for the body . . . imput = output. When the hypothalamus gets sluggish, it has a choice: do the regular amount of work for just a few jobs or do a small amount of work for every job. It chooses to do the small
amount of work and so sluggishness permeates the body’s cells. As you build up toxins, the cells get so stagnant, they don’t perform well and so you find yourself unable to function fully and effectively.

But cells have a little brain of their own and they make adjustments to survive. How do they do this? They decide to stop working at cleaning-house and of course, the hypothalamus is sympathetic to their plight. It can hardly operate itself because of clogged-up energy. So everything is working just enough to survive. The idea of lots of energy, good health, joie de vivre . . . well, that’s not going to happen under these conditions.

The first challenge of the Sacred G Spot design is to activate and open up the hypothalamus. Of course, this effect will trickle down to the cells, and your whole body will begin to feel better. The first indication of this taking place will be a massive amount of energy showing up as your body clears out toxins. Many people at this point adopt a vegetarian diet and many of those that are already vegetarian, may choose to go raw. At this point, the body is highly sensitive to the weight of “heavy” food and it will completely reject artificial food.

During this phase, do not use products that contain chemicals. Instead, use products that are organic, green and healthy. Any lotion that you use on your body, you should be able to eat . . . that’s what your skin is going to do. So, it stands to reason that if you put living things into your body, the result will be more life for you.

The body will love its new cleanness, its agility to move easily, its lightness and clearness. It will adapt very quickly to the way of new thinking and it will not be happy if you try to go back to the old way of wrong thinking.

This is the purpose of Sacred G Spot technology. During the process, you may experience headaches or body aches (especially in the area of an old injury). Try putting Sacred G Spot on the area that hurts and you will notice a diminishing of pain. Be sure to charge your water with Sacred G Spot and this will help in the detox. You can charge any kind of herbal food or drink, or any kind of supplement and these will empower the process of detoxing even more.

Sacred G Spot will bring your body into alignment and you will begin to feel the kinship between you and your body as it is meant to be. But think on this:
Sacred G Spot is not a magical technology. It doesn’t give you energy from nowhere. You have to do what is necessary to generate that energy from inside your body. It is a karmic principle that whatever you put in, you are responsible to take out.

**The Sacred G Transporter**

This design focuses on the emotional clearing of our past memories and current experiences. The charged-emotion that we keep stored in past memories clogs our brain and as soon as those memories and current difficult circumstances lose their emotional charge, another wave of energy will be released.

Emotions are the culprit! For almost every ailment known to humankind, a closer look at the source of origin will reveal that not-so-pleasant and full-of-anger emotions are the reason for a manifestation of disease. Remember . . . disease=dis-ease.

You may be wondering . . . what part of my body is suffering from my stored emotions? The answer is all of them -- but most especially, the brain. The brain is where you play the old movies of your tough times over and over again. You also have a sound-track where you have stored the verbiage of all your past quarrels and the verbiage of future quarrels (if you get the chance to rework your argument) for why your tough times should not have happened. Usually your argument will point a finger at someone else or something else that you feel is responsible for your tough times.
Between the movies that you play, the sound track that you listen to, and the enormous energy-charge of all that information, the brain is so stressed it has to spread out the negative energy to the body. Now the cells have to deal with this energy sent their way and it’s not long before the whole body is involved with **THE PAST!!**

And of course, you remember those little epigenomes that sit atop the DNA gene. . . well, they’re listening and feeling every charge of energy that you are giving to your past. They take the emotional charge and they consider it very important else why would it exist and they instruct the cells to hold on to this information. The cell obliges, but the extra information added to its structure warps its original design to the point where a fracture occurs and thus, a gateway to disease has just been born.

The brain no longer has a lot of good, positive energy to share with the body. But it tries. When you are sleeping each night, the brain works hard to process your memories from the day. In this way, it can free up more space that will hold positive energy – if it is given the chance. However, when you use more energy during the day than the brain can process, it doesn’t take very long for the brain to realize that it’s in a losing battle.

But it has a plan. There is a specific area in the brain where energy is held for very special senses and abilities. These are spiritual capabilities and they require a lot of energy . . . clean energy to operate. The brain in its downward energy spiral starts shutting down elements of the body and calls for a state of survival. It shuts down the areas where energy is held for special senses and abilities. A state of survival has no energy for a spiritual awakening.

The mind tries to remind the brain of its connection to All-That-Is, but the brain is so clog with negativity, it doesn’t hear. It’s in survival mode. This tactic usually begins when we are children around three or four years of age. We have the realization that we are separate beings and our personality begins to individuate. Not long after this realization, comes the notion of  “This is mine!” The concept of mine and yours and more and less make an imprint on the brain and the survival mode kicks in. **Mine is good and more is better. Yours** is not as appealing as mine and no one is interested in less when it comes to toys. Survival mode signals the brain that it is time to hoard.

As we grow up, our toys change to people and possessions. Hoarding material possessions, having the constant need for more things, needing to control people and feeling that we have to manipulate everything and everyone just to get what we want is the
body’s way of screaming out: “I don’t have enough energy to operate very well and the energy you’re giving me isn’t really helping very much!! At this point, the brain realizes that it will most likely never catch up energy-wise. The body is seeking internal energy for self-healing, but the brain is holding onto it because the body is in a state of survival and other functions must come first or we will die.

Enter Sacred G Technology, whose sole function is to free up and activate energy. This is accomplished when the amount of healing that takes place every night is increased to the point where there is more energy freed up at night than what is used during the day. When this happens, your brain will rethink its position of survival mode to plenty mode and suddenly you will start to feel brand new again. Instead of pursuing possessions to feel good, a new peace and calmness will take over. You will lose the neediness of wanting things outside of yourself to fill the emptiness that you have not been able to fix in the past.

The coveted inner peace comes, as energy is made available. Sacred G is designed to help the natural healing process that takes place at night while you are sleeping. The more Sacred G used, the more healing you will experience.

**What exactly happens with Sacred G during the night while you are sleeping?**

In the beginning of your vibrational treatment, you may experience some tossing and turning for the first few nights. For some people who have a lot of energy blocks, this may last for the first few weeks. How much discomfort or anxiety you experience depends on the amount of blocked energy. You can be sure that the intensity of either one is a signal to you about the quantity and quality of the repressed emotions you have accumulated over the years. Many people will start to realize that they hate their life, their job, their house, their partner and several other aspects of their life that aren’t very satisfying.

Sacred G Transporter will bring these emotions to the surface for your examination. You will begin to realize what aspects of your life no longer serve you, what aspects you enjoy, and what changes you would like to make. When you have made peace with some things and become friends with others, then your sleeping patterns will change
to reflect this. This is Sacred G technology at work, helping you to transform the old life of complacency, hopelessness, and boredom into dreams of reaching all your potential. There will be NO more settling for less, because a new awareness will awake in your brain and flower within your heart, telling you that you are here to have the life of your dreams!

You may also notice that you dream more and some of the dreams will be nightmares. This is simply negative memories and their negatively charged emotions clearing out from your body. Your brain will gather all the memories and link them together so that it becomes easier for you to see certain patterns of behavior that have not served you very well . . . especially the ones that contribute to zombie-like states of living.

The Transporter part of the cleansing process is connected to the limbic system, which is involved with many of our emotions and motivations, especially those associated with survival. Other limbic functions include the task of interpreting emotional responses and storing memories.

To check the intensity of any emotional charged to a memory, all you need to do is pull it up and start thinking about it. The more traumatic the experience, the more emotions will surface. And what form of emotion are these memories taking . . . anger, sadness, disappointment? The intensity of the feelings that you experience is in direct proportion to the amount of stored emotions that need to be cleared! Read that again!

It can be difficult to look head-on at a situation and see that you failed to live up to your potential or your ideals. It takes strength to recognize where you have failed to be the better you. But once you do the clearing work, and by that I mean the analysis of a situation and accept your part in it (acceptance is crucial and often the most difficult part of dealing with past memories), you will be so free and so light that you will feel like you have lost weight! It’s a great accomplishment.

You will become more alive and reconnect to the source of your Power, and clear energy will pour into your new self like water from a spring. You will start living in the moment. Your intuition will increase and new information about who you are, who you came to be and what you came to do in the service, will flood the cleared-out parts of your brain and find a new home.

The Transporter is specifically designed to work with the limbic system to support emotional clearing. Negative memories are a massive reservoir of charged-energy and the vibrational technology of Sacred G will help break-up the negatively-charged energies and
move them through the limbic system, which will collect them and aid them in leaving the body. When the charged-emotions are processed and moved out, clean and clear emotional energy will take their place.

This energy will support you and care for you, inform you, guide you, inspire you, and serve you. This I know to be true.

Healing the body is about so much more than a physical healing. That’s just the first step. Opening yourself up so that you can experience all of your potential for this earth life is really what it’s all about.

If you are having problems and feel anxious and confused while going through this process, and you feel that it is not working very well for you, think on this: When you have nightmares, for example, that’s extreme negative energy. The limbic system picks up the negative charge and sends it to the hypothalamus, which regulates your body’s chemistry. The negative energy is converted to chemical energy and guess where it eventually winds up . . . you’re right! The epigenomes -- which are quite happy to accept however you feel as fact -- will get busy instructing the negative chemicals to invade the interior of the cell. The battered cell, in trying to survive the presence of this outside virus, will create a gateway to dis-ease. Now, that’s how simple all this is!

To learn more about Sacred G, Core Love, and his phenomenal energy healing techniques, visit www.loveinnerversity.com.
The Sacred G Ascender design will help you to reconcile internal information, resolve conflicts, and recognize false and negative belief systems. The Ascender also helps bring focus and clarity into your life, so that you may identify your goals and accomplish them to your highest potential.

Sacred G doesn’t *give* you energy . . . it facilitates your journey through a process which *generates* energy from within. You build your own reservoir of energy and it is your responsibility to monitor how it is used. If used wisely, you will feel great. If not, then you won’t feel so great! Sacred G is customized specifically to aid you in the experience of energy clearing and rebuilding. It’s your body that moves the energy into healing states, so that you can move to the next stage of spiritual development. Each body has an inner intelligence, which moderates how fast or slow it works to clear negative energy.

Sacred G technology is unique because it activates a vibrational experience that is customized to our specific needs. In the Ascender phase, you will confront your belief systems to see which ones are working for you, and identify those that are not. Sound Simple?? Well, it isn’t. This is where you really begin to learn about yourself and believe it or not, this is very scary for many people. There’s nothing to be afraid of . . . no Frankensteins lurking under your brain layers, I promise you. However, impartial and non-judgmental assessments are called for in this revealing exercise. Beliefs systems
define your personality. I say this in this manner because you are so much more than just your personality.

But it is the personality that hops out of bed each morning and decides if it is going to be a good day or a not-so-good day. Do you know what your belief systems are? If so, do you know how and why you created them? If you don’t, there’s an old metaphysical saying that you might want to ponder:

*If you want to know what your belief systems are, look around you . . . because everything that you see in your life exists because of belief systems that you have created from your life experiences.*

That’s how it is for all of us. We have created belief systems wrapped around trauma or joy. These emotions, and all those inbetween, are loaded with energy. It’s not enough to intellectually know this -- we also need to understand that when we wrap up our life experiences with lots of energetic passion (be it anger or joy or any emotion inbetween), these experiences become the basis for our strongest beliefs systems. Now the question is: Have we wrapped up more positive life experiences or more negative ones?

The Ascender phase of Sacred G will help you delve into your beliefs and come to understand how they were created and whether or not they still serve you. Most people using the Ascender technology are shocked to find that they have a huge network of beliefs stuffed into their brain, like musty cobwebs that have long since served their purpose -- but without introspection, they remain, clogging up the brain and choking off energy. It’s no wonder that the brain chooses to “dig in and marshal its resources.”

So, let’s get to work. What was the first belief system you created? I will give you a hint . . . begins with one of the *N words.* When you think about it, traveling back to your childhood, what word did you *understand* first? Wasn’t it NO . . . NOT . . . . or NONE???? That’s what it was for most of us, because this negative child-rearing pattern is almost universal. In fact, the N words are the basis for all our negative belief systems . . . those that remind us, “You can’t do that . . . you can’t have that . . . you’re not smart enough to achieve that, you’re not pretty enough to be that . . . you’re not, you’re not, you’re not, not, not!
The brain isn’t going to argue with these beliefs . . . it doesn’t have enough energy to argue. Instead, it’s going to be an accomplice to all the things that you cannot be, have, or do. It’s in a survival state, remember . . . and it’s going to conserve its energy.

How do you know this is true for you? Well, let’s suppose you are vacationing in Hawaii, lying on the sunny beach, with wonderful shades of blue ocean water rolling in. Suddenly, you see a group of Kite-surfers and you think . . . “geez, that looks like so much fun! I would love to do that!”

And what if your partner is adventurous and says, “Yes! Let’s go do it!”

What’s the first thing that you do? Do you jump up all excited? Or do you begin with the N words? “Oh, I can’t do that. I don’t know how. I’m not strong enough . . .” Now that’s a really good excuse . . . uhh, I mean reason.

BUT, lucky you! Your partner finds out that you can go Kite-surfing in tandem with an experienced surfer. YAY!! Let’s go!

“Oh, but I’m not a good swimmer. I’m too heavy. I’m too tall. I’m scared!” OK. There’s the telling point. You have a whole set of belief systems attached to just one thing – Kite-surfing . . . and you’ve never even been kite-surfing! Where do these beliefs come from? Just imagine how many opportunities you have turned down in your life because of the N words and all that negative programming stuffed into your brain when you were a little a child.

Why does your brain work against you, you might wonder. The answer is simple. It’s tired!!!! It has so little energy . . . it doesn’t want you going Kite-surfing. It doesn’t want you to get off the beach! It doesn’t have enough energy for anything other than sunbathing. So, it opens the gateway and tells your negative belief systems to have at it.

Enter Sacred G Ascender Technology. It will facilitate your recognition of the belief systems that hold you back from reaching your potential and achieving your goals. While you are sleeping, the Ascender will bring up the history of each negative belief system. It will remind the brain that you developed a negative belief when you were a child and too young to really understand everything, and so perceived your experience as bad. All these years, you have carried that belief around, stuffed back in the nether-reaches of your brain. Without reason to, you have never question your perceptions. That will change with
the Ascender. New information will come to you and as negative perceptions are swept away, new perceptions will take their place.

This is an amazing process that produces amazing results. Internal connections will be made, new pathways of knowledge will be etched into your brain, and you will find yourself with a reservoir of energy that is overflowing! Your whole body will enjoy the rush of energy that will vibrate throughout. Information will be at the forefront of your brain. You will be able to see patterns that have served you well and you will be able to make the connections between them so that they can serve you even better. Your thinking, your feeling, and your actions will reflect the absence of negative beliefs and you will be open to new thoughts, new beliefs, new activities, new relationships, and more. You will begin making wiser choices for your life . . . and then, your life will be as it was meant to be, free and clear.

**Sacred G TranceNdance**

The Sacred G TranceNdance technology is by far the most popular design. This design works as a power booster for the Transporter, and the Ascender. It assists in dislodging past memories, clearing emotion, and solving internal information conflicts. It also aids in cleansing and detoxing cell structures.

Its special and unique quality prepares you for the next level by increasing your intuition, the ability to receive new information, and the ability to unlock new
perceptions. It’s like a blending of all that has gone before and yet, it has specific qualities that work to prepare you for the next level of vibrational technology.

A lot of R&D has been done with TranceNdance, especially with fresh food products. Celery that usually lasts for about a week, once charged will last for about a month. Charged lettuce will last in the fridge for three months. Milk will last for two to three months. I’ve had charged bread that doesn’t mold, and fresh flowers that live three to four weeks! Disposable contact lenses, once charged, will last for three to four weeks by preventing protein build-up. So many cool things about Trancendance continue to surface.

I have encouraged experimentation and have passed out the designs freely, in hopes that everyone will get involved and create research projects of their own. I hope everyone will behave “scientific-like” and keep track of their results, so that we can learn as a community and contribute to the development of Sacred G technology. I believe there are yet, many capabilities to be discovered concerning the transformative power of TranceNdance technology to open up more potential for life.

**The Sacred G Simulator**

The Sacred G Simulator design will assist you in expressing yourself . . . speaking your heart and mind. Being authentic with your own experience is a major element of the Sacred G transformation. It’s like getting to know yourself well enough that you can fearlessly *walk your talk*. This design will also bridge your internal reality with your
external one, in preparation for the actions you will be taking towards making your dreams come true.

So, if you are ready, the Simulator technology design will take you through the fourth phase. To recap your progress so far – the first stage was for cleansing the body’s cellular structure. The second phase was for clearing out negatively charged emotions and negative/false belief systems. The third phase was for identifying and eliminating internal judgments that created a fissure between you are, who you think you are, and who you want to be. As your emotions come to the forefront of your mind for examination, those emotions that are out of balance and do not serve you well will be cleared. As the negative and defeating emotions are sent packing, conflicts in your information systems will be dissolved and harmonious perceptions (those that are truly aligned with SELF) will take their place. Without the shard edges of internal conflict cutting down your energy, you will find your energy reservoirs overflowing! You will have a new sense of grounding, a prideful recognition of your true SELF, and a confidence in your ability to make wise decisions.

Now, the work that is accomplished during the fourth phase is all about EXPRESSION and EXPRESSION is so important! Your expressive self is like a fingerprint . . . it’s uniquely yours. No one before you or after you will ever have the same expressive self as you do. You were born into this dimension to express yourself!

We live in a three-dimensional world and it is only when you are able to take the truth of your internal SELF and put it out into the world that you are operating at your highest potential. That’s why you came to the planet . . . to put your self-expression out into the world, so that others may grow from the light of your spirit. As I said before, your expressive self is an original print and it is uniquely yours.

In our three-dimensional world, our thinking, assumptions, perceptions, judgments, and all our emotions begin on a two-dimensional surface, which is our earthy personality. Most people see their thinking, assumptions, perceptions, judgments, and emotions as actions that they make . . . actions that are things separate from them. But consider this question: how separate can we be from the actions that we take? Who thinks our thoughts, if not us? Who moves through our body into action, if not us? There is no separation! We are who thinks and acts. The thinking is two-dimensional and the acting
upon our thinking is three-dimensional. That is self-expression. So is it not surprising that so many people have trouble expressing theirselves?

This is where the Sacred G Simulator comes in to help. It assists in opening the brain’s neural pathways and helps to sweep them clean. It assists in creating some clear channels. How does this happen you may be thinking. Once again, it’s vibrational energy that affects specific parts of the brain -- the parietal, occipital, and the temporal lobes. These lobes open up one at a time, and Sacred G Simulator assists your ability to convert your thoughts into language . . . verbal expression!

If you think about it, I’m sure you can remember a time when perhaps you were venting your frustrations to a friend and in the midst of your venting, you were able to suddenly see the larger picture of things. You heard yourself criticizing, rationalizing, and analyzing, and in the process you were able to take your frustrating experience to a deeper level of understanding. You heard your internal wisdom and saw the positive potential that exists in your experience and your frustration fell away. It is at this point that you have taken your internal two-dimensional experience and turned it into an external three-dimensional state of understanding.

I’m sure you have heard of the spiritual practice of channeling. We all have the ability to channel, every single one of us. But few of us develop our abilities to be a clear channel. Why is that? It is because of our unproductive two-dimensional belief systems that block our energy channels. If you remember, unlocking belief systems and discarded the ones that no longer serve us well was the task of the previous module with the Ascender. Once your brain has open-channels, new information will flood into your awareness. Sometimes, you will find yourself talking about a particular subject, and all of a sudden, it’s like you are listening to someone else as non-recognizable information comes flooding through you and out to the person that you are talking to. And you will find yourself thinking, “I didn’t know all that . . . where did that come from?”

Opening brain channels to receive insights and information is what all creative people (and we are all creative) do to express their artistic vision. They realize that in the process of creating, the spirit of creation will work with them. Many famous artists . . . painters, musicians, poets, sculptors, writers, scientists . . . have referred to “the spirit of God” or the “hand of God” working through them. This is only possible when the neural pathways are clear and the channels are open for spirit to flow through. This would never
have happened if, for example . . . Michelangelo had spent all his time impregnating a belief system that told him he could NOT be a sculptor. No! His thought was always, that God had put the creature in the stone and it was his job to remove the parts of the stone that were blocking the emergence of the creation. Not only were his brain channels open to receive, so was his heart in thankfulness. He recognized the partnership between brain, mind, and spirit.

Well, the Michelangelos of the world have been few and far between, I grant you. However, each one of us has a creative expression uniquely ours that was meant to be shared with the world. The Simulator will work to see that your creative, expressive self comes to life and colors the world. It will help you walk your talk and express what is truly in your heart. You will no longer feel pressured to say what people want to hear . . . No, you will have the courage to speak your truth even if it creates conflict. You will grow a new bravery. You will make a new agreement with reality and live your life with the integrity of who you really are and what you came to bring to planet Earth.

This is quite a major change! Many people have felt the influence of the Sacred G Simulator technology and have made substantial changes in their lives to walk their path. People have changed their primary relationships, which have been broken for many years. Unfulfilling careers have been abandoned to respond to the “call of spirit.” People have grown through this technology to where they no longer accept what is mediocre. They have grown to the point where they are fearless in reaching for the potential that is their birthright.

This is the intersection where people really get excited with all their possibilities and their ability to manifest them. Remember when I said earlier that you will make a new agreement with reality. Well, a very special characteristic of the Simulator is that it will simulate your new agreement with reality to see how you like it. It will help you to create your desired changes and then, if you don’t like them, it will bring into your reality the opportunity to make more changes. You can spend your life tweaking your reality until it is perfectly like you desire it!

Of course, you will keep growing, so your reality will always be changing, as your ability to manifest will become more powerful. The Simulator will assist you in changing the perimeters that you set long ago for what is possible for your life . . . you know, those
old limitations that you drew around your brain when you were a child. All that will change now and you will be able to color your reality in any way that you desire.

**The Sacred G Activator**

The Sacred G Activator is specifically designed to activate your body into action. It focuses on *kinesthetic movement* and *destination*. The Activator is all about being physical. So far, the Sacred G technology designs that I have discussed have focused on the intellectual and the emotional aspects of the personality. Now in the fifth stage, Sacred G will influence another area of the brain – the cerebellum. This part of your brain is located in the back of the skull and it is the last area of your brain where you can tweak vibrational energy.

The cerebellum directs physical movement. It urges you to get up and move forward toward your dreams. It encourages baby steps to move your ideas (which sit in the intellect) into the three-dimensional space of physicality. It assists you in moving beyond ideas and expression, longing and dreaming, into taking action. For instance, you may feel compelled to seek out people who are professionals in the area of your interests, to get their advice. You may even find a mentor to help move you along your path. So, the Activator is designed to get you going in the direction of your dreams. It says to you, “Enough talk! Let’s Go! Let’s make it happen!”

As with the other Sacred G designs, the Activator has a second purpose also. It assists you in making the necessary assessments so that you can build the identity that is
necessary for you to take control of your destiny. It will plant the seed-questions, like . . . in what ways are you unique? What characteristics did you arrive on the planet with that sets you apart from everyone else? In what ways are you different? What gifts are uniquely yours to share with humanity? In what ways would you like to make a positive difference in the world? How would you rate your importance on a scale of 1 to 10? What kind of value would you assign to yourself? . . . to your dreams? . . . to your intentions to make those dreams come true?

When you have the answers to all these questions, your power comes to life and you will be unstoppable in pursuing your destiny. Whatever you need will show up on your path. The Activator technology will assist you in setting all of this into action.

When I was using the Activator technology, I came to understand my purpose in serving humanity. I realized that the messages encoded in my near-death experiences of the AfterLife, coupled with the technologies taught to me by my teachers, were to be shared with people in an effort to inform them about dead energy, tired energy, negative energy, etc and the possibilities of eradicating ANY energy that holds back the potential in every person. I used the technologies to heal my brain and return my lost memories. I know what my knowledge and skills are . . . what gifts I uniquely have to share with the world. I also know what I am not good at, but that doesn’t really matter because someone else will be good in those areas. Realizing this creates balance in my life and the world. It empowers me to realize my SELF -WEALTH and the unique gifts that I have to offer in the service of humanity. The same will be true for you.

So this is the purpose of the Sacred G Activator design. It is the last phase of restructuring your internal core. It works to motivate you, support you, uplift you, encourage you and carry you out into the world where you can deliver your very own, very unique brand of magic.
Sacred G Fusion, as the name implies, integrates all aspects of the individual designs and coalesces them into one energy vibration. However, Sacred G Fusion is not just another Sacred G design. It’s a highly advanced system that enables your brain to access a new level of capability and functionality. This design enables the return, at any time, to any previous design to once again clear and activate each system for maximum energy production. This design also has additional programming that focuses entirely on the pineal gland to activate your connection to Source, to your body, to your environment and to the other people in your environment.

Sacred G Fusion operates differently than the other designs. Instead of going into specific regions of your brain to increase the flow of energy to the pineal gland for activation, Sacred G Fusion activates the pineal gland first and then spreads out to the different regions of the brain. Because it moves so quickly to activate more regions of the brain at once, it eliminates a majority of the less-than-desirable detoxing effects, such as nightmares. You will still experience the changing effects from detoxing, but the process will be much smoother, faster, and more efficient.

The focus on the pineal gland allows Sacred G Fusion to bring about an experience of singularity, compressing it to the point of all creation. This leads to an unlocking of the
spiritual senses and an intense connection with Source, which helps us to truly understand all the parts of our Selves.

Sacred G Fusion has completely transformed my life and has done so in only four months! I have been opening up in ways that I would never have imagined before and the pineal gland activation is the key. That connection to Source has allowed me to channel all these systems, understand them and build them. What used to take me two to three weeks to process, I can now process in two to three days. Everything has been accelerated. I sometimes refer to Fusion as Sacred G 2.0 because it is such an advanced network of possibility. In Fusion, you will experience the flow, the synchronicity, and the magic of life!

These days, everywhere I go, I meet someone who has just had a loved one pass over or they have had a near-death experience. The people that I meet are interested in vibrational energy and Sacred Geometry. Quite literally, everywhere I go, I meet people who already know about Sacred G. The synchronicities are simply amazing at a level that I have never experienced before. What an exciting life!

This is something that I want for you. Living daily in the conscious flow of synchronicity is living optimally and it will move you towards your highest potential. And that’s what life is all about!

So, when you are ready to make the jump to amplify your abilities and your potential and when you are ready to maximize the experiences of your life, I really encourage you to try Sacred G Fusion.

**The Connection of Fusion with the Sacred G Bed Sets**

The cerebellum is really unique. It contains more than half of the neurons within all the brain sections, yet it compresses them into a space that is 10% of the entire brain! Imagine how compressed and compact the neurons must be! Some pretty dense energy, I’d say. I have learned with the Activator technology, that a few posters of Sacred G Technology are not enough to activate the cerebellum. The energy field of the cerebellum is so dense that a stack of Fusion is necessary to activate it. So, I designed two new components that would store and make available the necessary degree of vibration: 1) a case that would hold several Fusion posters, and 2) a special bed set to accommodate the
cases. This is essential for the Fusion to work at its optimal and completely activate the brain.

The cerebellum is a three-dimensional mathematical equation. Fusion is a three-dimensional vibrational system that corresponds to the mathematical equation of the cerebellum and the result is all about kinesthetic movement. Kinesthetics refers to the knowledge of movement perceived through the body. It is the quality that allows a dancer to understand where their physical position is at all times in relationship to the stage and the other dancers. It is the same for an ice skater, for example. If you have ever wondered how they can jump so high and spin so fast without losing their equilibrium, now you know – it’s because of kinesthetic movement.

Fusion will influence your kinesthetic qualities. You will begin to be very conscious of your movements and those of the people around you. You will become very conscious of the flow of energy in your three-dimensional environment and you will realize the best ways in which to use this flow. You will be pulled toward the right people and pulled away from those people who are not right for you at a particular time. The Activator will monitor your wisdom in honoring the energy flow of movement in your life. You will see this when, on those occasions that you get caught up with the movement of energy that is not in harmony with your SELF, the Activator will step in and move you away. You will always know where you are in relationship to your purpose in the world.

Sacred G Fusion completes the cycle of energy. Each one of the Sacred G designs is focused to activate specific regions of the brain to produce specific results. Fusion pulls everything together and completes the cycle of healing energy. With each healing cycle, we increase the amount of energy flow . . . or inner chi. This in turn, increases the amounts of energy units in the pineal gland. The DMT, the ability to regulate brain waves, the ability to activate hormones for maximum growth potential, for sexuality and sensuality, the ability to heal and open the aspects of the intellect, the emotional, and the physical are all seated in the pineal gland. It is our connection to SELF and to our SOURCE.
Sacred G Fusion comes in a specifically designed case. This is necessary for two reasons. First, the mathematical designs are very complex, therefore Sacred G Fusion is only available in poster size. Secondly, for maximum activation, a lot of energy is required, thus the designs are packaged in cases and bed sets.

The case provides a stabilizing container for the intensity of 300 Fusion posters! It is beautifully decorated with an image of the Tree of Love. On the Tree of Love, there are twelve chakras. Sacred G Technology as well as all the other vibrational energy technologies and energy healing modalities begin in the purple chakra. The next chakra is blue and is referred to as the Sacred G Spot and the area associated on the body is the head. The green chakra, associated with the chest and heart, relates to the limbic system and corresponds with the Transporter design. The yellow chakra relates to identity and is associated with the frontal lobe and the Ascender design. The orange chakra is related to the knees and is associated with the Simulator and expression. The red chakra corresponds to the cerebellum and is associated with the Activator and kinesthetic movement.

Sacred G Fusion contains the mathematics of the entire Tree of LOVE. The Outside Chakras contain the information for your external reality. Red is your job/career, yellow is associated with identifying and educating yourself in your purpose, and blue is being in
service to the planet on a major scale. Orange represents your social life, green is your intimate relationships and purple is your family. These chakras regulate and represent all the biological systems for unlocking the body.

I encourage you to learn more about the Tree of Love through my videos and training sessions. There are many things to learn and I think all of them are interesting. You will learn about the double helix inside the geometry of the Tree and the genetic shifts that occur as you move through the chakras. Some of the advanced systems reveal the twenty-three different chromosomes that make up our genetic code. There are particularly amazing elements to be found in the Tree of Love related to brain wave states: beta, alpha, theta, and delta, as well as the second beta.

There are many ways to interact with the Tree of Love and the Fusion case. For instance, if you have a stomachache, you can put a glass of water on the case with all your Sacred G Fusion inside. Place the glass over the yellow chakra that represents your stomach. Leave the water there for about ten minutes and then drink it. You will feel the difference within a minute or two.

You can charge food also, and other things, such as jewelry, lotions, candles ... anything that you can place on the Fusion case will be energized with vibrations that can be absorbed into your body, particularly into a specific, targeted chakra. You can actually direct the energy created through the vibrations to any place you desire, whether it’s a body part or a life dream . . . whatever you desire to enhance in your life.

I’ve had great experiences with putting candles of matching colors on each of the corresponding chakras illustrated on the case. This is especially nice at night. They are beautiful to look at and the way that the surrounding energy is amplified is wonderful as well. This is a powerful ritual when using crystals in mediation as the Tree of Love can easily support crystal grids.
Here is a chart for each chakra and what part of the body it represents.

<table>
<thead>
<tr>
<th>Tree of LOVE</th>
<th>Definition</th>
<th>Location</th>
<th>Brain Wave</th>
<th>Neurology</th>
</tr>
</thead>
<tbody>
<tr>
<td>Purple (Inside)</td>
<td>Spiritual/Vibrational</td>
<td>Above Head</td>
<td>Gamma</td>
<td>Pineal Gland</td>
</tr>
<tr>
<td>Blue (Inside)</td>
<td>Chemical/Nutritional</td>
<td>Head</td>
<td>Beta</td>
<td>Hypothalamus</td>
</tr>
<tr>
<td>Green (Inside)</td>
<td>Emotional/Sensational</td>
<td>Chest</td>
<td>Alpha</td>
<td>Limbic System</td>
</tr>
<tr>
<td>Yellow (Inside)</td>
<td>Mental/Neurological</td>
<td>Stomach</td>
<td>Theta</td>
<td>Frontal Lobe</td>
</tr>
<tr>
<td>Orange (Inside)</td>
<td>Observational/Expressional</td>
<td>Knees</td>
<td>Delta</td>
<td>Parietal, Occipital &amp; Temporal Lobes</td>
</tr>
<tr>
<td>Red (Inside)</td>
<td>Physical/Experiential</td>
<td>Feet</td>
<td>Beta</td>
<td>Cerebellum</td>
</tr>
<tr>
<td>Red (Outside)</td>
<td>Educational/Vocational</td>
<td>Right Hand</td>
<td>Alpha</td>
<td>Brain Stem</td>
</tr>
<tr>
<td>Orange (Outside)</td>
<td>Communal/Social</td>
<td>Left Hand</td>
<td>Alpha</td>
<td>Brain Stem</td>
</tr>
<tr>
<td>Yellow (Outside)</td>
<td>Organizational/Motivatinal</td>
<td>Right Elbow</td>
<td>Theta</td>
<td>Spinal Cord</td>
</tr>
<tr>
<td>Green (Outside)</td>
<td>Possesional/Marital</td>
<td>Left Elbow</td>
<td>Theta</td>
<td>Spinal Cord</td>
</tr>
<tr>
<td>Blue (Outside)</td>
<td>Imitational/Philanthropical</td>
<td>Right Shoulder</td>
<td>Delta</td>
<td>Peripheral Nervous System</td>
</tr>
<tr>
<td>Purple (Outside)</td>
<td>Survival/Familial</td>
<td>Left Shoulder</td>
<td>Delta</td>
<td>Peripheral Nervous System</td>
</tr>
</tbody>
</table>

Sacred G Fusion walks you through the internal and external systems contained within the Tree of Love. It synergizes the systems to move you to the point of Oneness, a point of singularity where we are already perfect. A sense of flow will result and you will feel compelled to move forward and manifest the life that you were meant to experience.
CHAPTER FOUR

What to Expect When Beginning Sacred G Technology

“Whatever you put into your body, you are responsible for cleaning out!”
~ Humbled State of Consciousness

Sacred G Technology has three major stages of development. In simple terms, they are cleansing and clearing, constructing connections, and creating conscious change. Each of these stages has their own unique attributes. These stages are necessary to enter into and complete so that you will truly gain the most benefit from the increase of energy you will empower.

What will be equally as important as the Sacred G technology will be **YOUR INTENT.** When you use the technology with the sacred intent of healing yourself, you enter into a partnership with the vibrational resonance of the designs that have been created as a tool for healing. Whether you read all the information or not, or understand it or not, doesn’t matter. You will still receive healing from this technology. It is my hope that you will choose to ride the horse named *Discipline* and put forth your intention to create a body that will perform for you in the most optimal way.

The First Stage: Cleansing and Clearing

We have already discussed how the body will physically hold onto old memories, hurts, and false/negative belief systems long after they are relevant to your well-being. The initial body-cleansing period will be the most difficult aspect of using the Sacred G technology and the more Sacred G that you use, the longer it will take for this stage to complete itself. If at any time, it seems too much . . . consider that you have a whole lifetime of trauma, bad memories and negative belief systems locked into your body on a cellular level. That means that every cell in your body is polluted with emotional garbage that has not been completely processed. It is so much easier to stuff our emotions when bad things happen to us . . . but it is like the old saying, “Buried feelings never die.”
Sacred G is the ideal technology to use for this type of accelerated cleansing because it calls upon your body’s ability of quantum computing to decide what needs to be cleared and when. This is a very efficient system of cleansing and far surpasses the standard body cleanse and psychological healing.

The changes that will take place in this stage will be monumental. Once you have completed this stage, you will notice a calmness that surrounds and moves through you. Your body will feel stable and strong and you will feel powerful and centered.

Now, let’s take a look at some of the typical experiences you may go through. These are typical, but not everyone has the EXACT same experience or ALL of the experiences listed.

- **ENERGY FLUCTUATIONS.** You may experience an increase or a decrease of energy depending upon your metabolism. You may also experience energy bursts and these are discussed in the section on anxiety.

- **HEADACHES.** As the cells in your body dump the toxins out, you may experience headaches, feel woozy or tired. Your head may feel congested and foggy. These are all signs that Sacred G is working and cleansing the body. Keep using Sacred G to complete the process or try adding more to speed up the process and cleanse at a deeper level.

- **TEMPORARY WEIGHT GAIN.** This may occur if your organs are on toxic overload. Your body will take the toxins and store them temporarily in fat cells while your organs are being cleansed and strengthened. Once that is accomplished, the body will retrieve the stored toxins and move them out of the body. Most people tend to lose weight as their organs continue purging toxins, eliminating the need for fat (which is a safe place to neutralize and store dangerous toxins). Sacred G becomes a powerful tool to add to any weight loss program.

- **ADDICTIONS.** Addictions to toxic substances, drugs (illegal or pharmaceutical), coffee, sugar and yeast products create a very toxic environment for your body. Is it any wonder that so many people have weight issues, and feel sluggish, and tired all the time? It’s hard to feel good when practically everything in our world to eat or drink is heavily ladened with artificial chemicals that are extremely toxic over a long period of time. For most Western cultures, processed foods and drinks have been
around long enough now to have infected three generations – our parents, we as parents, and our children.

Sacred G will initiate and support the body’s process of cleansing away the accumulated toxins, but it will be your responsibility to be vigilant with what you eat and drink in the future. You will notice that your tastes will change and eating healthy and more organically will come easily and naturally if you are charging everything you put in, on, and around your body with Sacred G.

If you have had drug addictions or you have taken pharmaceutical drugs for a long period of time, you will feel the effects of the drugs being released from your cells. You may have urges, withdrawals, mood swings, etc. This is because the drugs are released into your blood stream. Stick with the program and be sure to drink lots of charged water.

OLD INJURIES. Often the memory of old injuries will come to the surface. Although an injury heals, the healing is not 100%. As your cells regress back to their youth, they release the physical memory of an injury. These old injuries may even show up again as bruises and they can be painful and create a lot of agitation. Stay with the program, as this is a natural process of Sacred G clearing the cellular memory and restoring your cells back to 100% health. I suggest that you may want to try Sacred G Fusion Oil on the injury to accelerate the healing process.

SLEEP. This is maybe the most-liked aspect of Sacred G cleansing and clearing. You will probably experience incredibly long, deep sleeps. The body is busy working through some very deep issues and does this while you are sleeping as a way to prevent you from revisiting old memories and getting stuck in the charged emotion around them. So, it is a good thing if you feel tired and desire to sleep, sleep, sleep! Do not fight it, as the more rest you give your body, the quicker you will move through this phase. You may feel lethargic after a long night of sleep or you may feel full of energy. It depends on individual circumstances concerning metabolism, regular sleep patterns, and the degree to which you have packed away emotionally-charged memories.

NIGHTMARES. As your body purges the extreme forms of emotional energy connected to your past, you may experience nightmares. You may wake up wet in sweat as your body simultaneously releases toxins while you are emotionally purging
your system. You may also wake up triggered with the awareness of present-day emotional situations that are causing you and others a great deal of pain. All of these emotional experiences can be difficult. Remember, cleansing and clearing the body is the most difficult aspect of the program. But also remember, peace is on the other side of this chaos, so stick with it.

**ANXIETY.** Deep anxiety may surface when you begin realizing that you have been living through the same patterns your entire life and you have never found true happiness in them. You decide to make significant changes, yet dissolving old relationships, letting go of negative friendships, or leaving a job that doesn’t even begin to inspire you are scary propositions. You may experience emotional outbursts without warning when you first begin this program as memories are being processed. These emotional surges are the body’s way of completing the last conscious steps, which are necessary for a total release of toxic memories. Most of the time, you may not even know what the emotional surge is about. Just be assured that the surge is pushing toxic material out of your body. I would suggest using your Sacred G Fusion bed often during this time to help assist and accelerate the process.

Although these changes may be difficult, follow the true wisdom of your heart and stick to your resolve to implement your desired changes. You will be very glad that you did when you are through the process and you are on track with your life and your purpose.

**RAGE.** Almost everyone goes through a 1 to 3-week *RAGE ATTACK* (fondly named, of course). This happens as you begin realizing that you have spent so much of your life living for other people, rather than yourself and doing for other people rather than doing for yourself. I’m not talking about charitable doing, but doing what other people want you to do, rather than what you desire to do. Through the Sacred G processing, you will grow to make the decision to start living your life according to your own inner voice. In doing so, you will achieve an amazing feeling of wholeness and a powerful sense of confidence.

**SOME ADVICE FOR PHASE ONE:**

You can accelerate the cleansing and clearing process by adding other cleansers that you can purchase at your local health food store. Be sure to read the labels and
educate yourself on what is healthy for your body and what is not. Remember the following caveat: It is karma that anything you put into your body, you must take out.

Also, have yourself a cheat day every so often to celebrate your hard work, perseverance, and the fulfillment of your intentions.

**BE SURE TO DRINK PLENTY OF CHARGED WATER THROUGHOUT YOUR DAY!**

**The Rewards of Cleansing and Clearing**

Cleansing and clearing the massive amount of emotion stored in past memories is an extremely powerful method of freeing up energy so that your body will heal naturally. After Sacred G, you will notice a major increase in energy as well as an overall boost in peace, joy, happiness and excitement as old feelings like resentment, anger, and sadness no longer reside in your body to weigh you down. As the major emotional blockages break down and are cleared out, you will find that you will be able to pick up more subtle sensations in your body. You will be able to read and communicate with people more effectively as you will be able to sense and feel what is going on with them more clearly. Making love will intensify as your physical senses become more alive. Even being able to smell the fresh morning air after a rain becomes more exhilarating as your senses magnify.

Eliminating toxins automatically increases energy and good health. It will uncover your natural youthful appearance, as the elimination of toxins is your greatest anti-aging tool. Be sure to charge everything that you put in, on, and around your body with Sacred G to generate the optimal amount of energy to assist you in your new, life-changing, positive patterns.

A clean and clear body will feel so good that slowly you will remember that clean and clear is its natural state. As the toxins disappear, you will remember that your body is your most important possession and your respect for it will increase a hundredfold. You will begin treating others with more respect, love, and appreciation because you will now have those same qualities for yourself. Your body will truly become your temple.
The Second Stage: Constructing Connections

This phase is essential for getting to know yourself, where you would like to go, and what you’d like to do with your talents. It is a time of formulating new goals. During this time, Sacred G technology will be hard at work assisting your body in bringing your true, life desires to the surface of your consciousness. It’s a time of reprogramming as you let go of memories and belief systems that no longer serve you. Following the crowd will lose its appeal, and you will begin to start thinking for yourself. It’s the halfway point where you let go of the old and begin envisioning the new. These are some of the effects that you may experience.

 **VIVID DREAMING.** You may experience excessively vivid dreams. They are a way to bring awareness to the belief systems, which influence how you code your memories. Memories and belief systems are subjective. During this phase, dreams will assist you in reframing how you think about the past and they will also awaken new ideas for what you want to experience in your life.

 **LOW ENERGY.** You will begin feeling very motivated by your new ideas; however, you may find that you have no energy to get them working. That’s OK . . . part of this phase is to get in touch with what you want for your life, but this is not the stage where you implement your new ideas. Make notes. Keep a diary. Begin creating a plan.

 **QUESTIONS.** You will begin to question your likes and dislikes, attitudes, activities, beliefs, and why some people are in your life. This is an excellent indication that Sacred G is working superbly. You will question, analyze, determine and decide to let go of those aspects of your life that are not nurturing and supportive. And you will feel that spending time and energy with people that are not in alignment with who you are, is simply a waste of time and you will gently let them go on their way.

 **THE POINT OF IT ALL.** You may experience the frustrating and confusing feeling that everything is just pointless and not worth any of your effort. This is because your body is releasing many memories and beliefs that you are so invested in. But don’t worry. These cleaned-out places will soon be refilled with stronger energy investments that have passion, desire, and purpose. Know that this phase moves
quickly and the elimination of information that is no longer relevant to your true
goals and aspirations is a good thing!

THE VOID. The void is a short period of time when the brain cleans out subjective
and irrational thinking as you leave one reality that no longer serves you and enter a
new reality that is at your service. Some people feel a tinge of depression and
somewhat lost. This is normal. You must clean out the negative and make a space for
the positive. I’m sure that you have heard -- you cannot put clean water into a dirty
glass and expect to have clean water. It simply does not work that way. So keep this
in mind and while in this phase, keep notes in your diary as to what makes you
happy . . . what makes you smile. And if you are committed to walking on the sunny
side of the street, spirit will inform you about your future. Try and spend extra time
lying on your bed with Sacred G technology so that this process will accelerate.

The second stage of Sacred G is difficult for some and rejuvenating for others. It is
essential to realize that everything that has happened in your life was relevant to your
learning and growing spiritually. Now, you are at the place where you can be thankful for
what you have learned and for the lessons that have influenced the person you have
become and you can easily let go of the memories and beliefs that no longer serve you.

This is an ending phase and one that you will value. Once your body has cleansed
and cleared all irrelevant information and negative memories and belief systems, new
connections will be made. You will feel empowered and focused. You will be very
conscious of the thoughts that you are thinking and you will be precise in your decision-
making. This is the time to construct a plan for what you really want to do with your life.
Remember, you are Spirit Incarnate and you can do, have, or be ANYTHING!

The Third Stage: Creating Conscious Change

The third stage of development is, of course, the most exciting! In this phase you
will begin implementing the conscious changes that you have been planning. This is a
time of great creative change. It is your creative self thinking anew . . . not your parents,
nor your friends, nor society, but you creating the structure for your new way of living.
This can be such an exciting time, as well as a nervous one, as major aspects of your life
shift -- some will fall away as they are no longer needed and many new changes will
appear, changes that you, yourself have decided upon. This phase will especially demonstrate the power of Sacred G technology as it shifts your external world to reflect the new internal one that you have created. Sacred G will align you with the path of your chosen future. There’s no downside to this phase, but there are a few aspects of which you should be aware.

This will be a period of examination in which your external environment will be assessed to see what is working in a positive manner for you and what is not. This will include friendship and work relationships and this may be difficult for some people. Relationships that serve no real purpose will block you from creating new ones. Some of these non-purposeful relationships can actually be vampire-like, stealing your time and energy without leaving anything in return. The fastest and easiest way to overcome any anxiety concerning these relationships is to meditate while lying on your bed with Sacred G technology.

Some old relationships may be renewed and strengthened by your new sense of purpose and direction. The body has key changes that need to occur to change your vibration so that it will be aligned with where you want to go and what you want to do. Whatever you need to accomplish your new vision for yourself will show up and be stronger than ever.

You will be empowered to make the necessary changes concerning your business and career aspirations. Sacred G will assist you in becoming discerning and insightful and it will pull you back from acting in an impulsive manner. When you feel that something is not quite right about a situation, make some mental notes and revisit them later when you are alone. In this way, you can prepare yourself calmly to make any necessary changes. It will be important to think ahead, plan and prepare. This will deliver your visions and goals in a smooth and timely manner. During these life changes, do not be hard on yourself. We all learn through experience and with each step of the way, our most optimal self will seek to handle things in the best possible manner. Sacred G technology is very resourceful in bringing into your life whatever connections and situations necessary to support you on your path. What is your responsibility in this process? To trust and act in a conscious, solicitous manner.

Your body will continue to increase your physical level of performance so that you will feel strong and confident in your thinking and actions. You will feel more of this
energy towards the end of this phase as the body has many major life changes to accomplish first.
CHAPTER FIVE

Let’s get to work with Sacred G Technology

Some Basic Instructions . . . and a few tests to try

Once you have printed copies of all the Sacred G designs, it would be best for you to laminate those that may get damaged with use. If you want to do this yourself, you can buy laminate sheets at an office supply store such as Staples or OfficeMax. I would suggest putting the same design back-to-back, facing outward on both sides and then laminate several sheets. The more sheets used, the more energy generated and this will increase the amplitude of the wave or frequency. Anytime that you want to increase the energy, simply add more sheets. Sacred G lasts forever if the designs are not damaged. Do not cut any of the designs because the mathematics and pressure systems built into them will be affected and you’ll have energy leaks. Print them in color, NOT black and white. You can put Sacred G anywhere on your person or possessions, in your home, your car, your office, even your gym locker if you like! The uses for Sacred G technology are practically limitless.

There are several ways that you can use the design sheets. For example, you can tape them together to create a box and then place an item inside. You can add another sheet on top to cover the item. This configuration will supercharge anything and most any configuration can be made for a Sacred G charge.

Select something that you want to eat or drink and place it on a Sacred G design. You can also place a sheet on top. Leave it for at least an hour, although it’s great to experiment with different lengths of time between one hour, several hours, or overnight. Whichever Sacred G design you choose to use, keep in mind that it will target specific regions of the brain and body. For example, if you charge a bottle of water with Sacred G Spot, that energy is going to focus on the hypothalamus to assist in detoxing the cells. If you charge the water with Sacred G Transporter, the energy of the water will assist in processing and purging negative emotions/belief systems that are stored in past memories.
Let’s begin with the sleep test.

Place the Sacred G designs between your mattress and box spring in these specific locations:

**G-Spot** – goes where your **head** will be.

**Transporter** -- goes where your **chest** will be.

**Ascender** – goes where your **stomach** will be.

**Simulator** – goes where your **knees** will be.

**Activator** – goes where your **feet** will be.

Place the Trancendance design on your night table with a glass of water on it. Drink the water when you first wake up to help eliminate any toxins that were cleared from your cells while you were sleeping. Keep a notepad or a diary to record your feelings.

It’s no wonder that sleep takes up a third of our 24-hour day. For some people, it takes up more than that. Of course everyone knows that during sleep, our bodies repair themselves, but believe it or not, most people don’t realize that without sleep, our bodies actually deteriorate. There is no such thing as a status quo when we do not get enough sleep.

During sleep, our brain works hard to process all of the information we absorb from our daily experiences. This frees up energy so that our bodies can run smoothly the following day. If our brain has to process too much information, especially information that is emotionally charged, our energy will lag and we will experience fatigue during our waking hours. If this continues, our body will begin to break down from the stress of trying to operate with very little energy. In response, our brain begins to dull our senses so that it can reduce the amount of external stimulation we are exposed to. This is the brain’s way of cutting down on its workload. Over a long period of time, the brain has no choice but to inform the body that it must shut down some of its systems. When it does, the window for old age and disease flies open.

The trick is to increase the brain’s ability to process information faster. This is where Sacred G technology comes in. Not only will this modality increase the quality of
sleep, it will also assist the brain in processing information at a much faster speed, thus freeing valuable energy that you will be able to use to pursue the life of your dreams.

**How was your sleep after your first experience with Sacred G technology?**

Everyone has a unique experience when starting Sacred G. Your experience will depend upon which *Brain Wave State* is predominantly utilized while you are sleeping. Below are several descriptions of sleep states when Sacred G is utilized.

- I didn’t notice anything. I went to bed and woke up as usual.
- I could not sleep. I was tossing and turning all night.
- I was dreaming all night long and woke up still emotionally tied to my dreams.
- I was dreaming all night about old friends. I was learning new information and seeing patterns in my life.
- My head in the pillow and I was out . . . deep, deep sleep.

As a special bonus to you, on my website [www.LoveInnerversity.com](http://www.LoveInnerversity.com), you can download a digital version of Sacred G for printing and you can try the sleep test for yourself. To help you further understand your sleep test results, I will send you follow-up videos explaining the different experiences that you may have.

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**The Water Purification Test**

The water test is designed to show you how Sacred G technology can purify, oxygenate, and ionize your tap water. The result is water that will cleanse and energize your body. An additional asset will be water that actually tastes good!

**Water Test Instructions**

- Fill 2 glasses with tap water.
- Put one glass on top of the Trancendence design and the other glass at least 6 feet away.
- Let sit for a minimum of 30 minutes, or leave overnight for even more profound results.
- Taste the difference between the 2 glasses.
Over 80% of people surveyed noticed a considerable difference in their water after using Sacred G.

“I haven’t drank tap water for years . . . there was definitely a sweet taste in the charged water.” -- Veronica

“My body was completely energized after drinking the Sacred G water. It was sweet and delicious. Used it on all on my plants.” -- Ameena

“The water was a totally different taste. This is amazing! We use well water as opposed to city water. The water, however, has a lot of sulphur in it. You can smell the sulphur it is so strong. I used a gallon ice cream tub filled with water and let it rest on top of the Sacred G over night. The next morning, I poured a glass of water just to see if there was a difference. I also had a glass of water set away from the Sacred G that I also let stand overnight. That glass of water still had the sulphur taste. The charged gallon of water, however, I swear tasted like distilled water. The pot of coffee I made with it was superb.” -- Ira

“The water was a totally different taste. This is amazing! It tasted fresh and I really noticed the difference . . . loved it! -- Linda

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**The Sacred G Food Test**

In the morning, take an apple or a banana and place it between two Sacred G designs, both facing toward the piece of fruit. Leave the fruit sitting all morning. At lunchtime, eat the fruit before your regular lunch and see how full you become. This test will demonstrate how charging your food with Sacred G will fill you up faster. This simple act will greatly assist in weight loss. Charging your food is a vital part of boosting your energy throughout your day.

______________________________________________________________

**The Sacred G Temperature Test**
Place your hand on or a couple of inches above the Sacred G design. Most people can feel a breeze of cool or warm air. After the temperature stabilizes, you will feel tingly sensations all over your arm. Your body temperature will be the first system the technology will stabilize for optimum energy flow. Charging your clothing with Sacred G will assist in keeping you at a comfortable temperature throughout your day.

Thirty-five Ways To Boost Your Energy With Sacred G

The following categories are listed in order of importance. Place Sacred G in every area of your environment to get the maximum benefits. I find it best to place them in ways where the technology will not be damaged. For example, in the closet, you can tack the Sacred G to the wall behind your clothing. In your fridge, tape the Sacred G to the sides of fridge and underneath the shelves. Be creative! And remember that Sacred G Fusion is by far the most powerful design of Sacred G technology.

Sacred G for your Mattress

Place the Sacred G designs between your mattress and box spring to encapsulate yourself within the energy all night long. You can also place the designs directly on the floor. If you have Sacred G Fusion cases, you can place the cases directly on the floor. Place the Sacred G designs between your mattress and box spring in these specific locations:

- **G-Spot** – goes where your **head** will be.
- **Transporter** -- goes where your **chest** will be.
- **Ascender** – goes where your **stomach** will be.
- **Simulator** – goes where your **knees** will be.
- **Activator** – goes where your **feet** will be.

While you are sleeping, your body is working to heal itself and refill your energy. Your mattress is the optimum place to use Sacred G technology. Every night, your energy will continue to increase as it is the long-term solution for permanently boosting your energy levels. If you are working to heal your body and activate the Law of Attraction,
continue adding Sacred G Fusion underneath your mattress. The more Sacred G you add, the more powerful your experience will be. Remember, Sacred G Fusion is the most powerful design and should be used for maximum benefits.

**Water**

You can have unlimited amounts of pure energized water using Sacred G technology, which is programmed to a level higher than any other vibrational modality. Charging your water is vital to reducing any negative cleansing effects from releasing toxins. Sacred G water is extremely efficient in hydrating the body and increasing your energy supply. Using large amounts of Sacred G Fusion can energize your water to such a degree that you can use it as a dietary supplement to replace one meal a day. Simply drink a large glass of Sacred G water whenever you are hungry.

**Food – Fridge, Freezer & Pantry**

Placing Sacred G Fusion posters or Sacred G stickers inside your fridge, freezer, and pantry will lengthen the shelf-life of your food. The technology will assist you from over-eating and help you to lose weight. For best results, use tape to attach the posters to the sides and back of the fridge or on the undersides (for protection) of the shelves. Charging your food will increase the absorption rate, which will reduce the amount of energy the body needs for digestion. Cleansing the digestive system will be one of the first consequences of using Sacred G. This will free up your energy and enable your body to start eliminating toxins (reducing fat along the way). Charging your food will help prevent future toxins from entering your body and it will also help prevent waste-buildup in the intestines.

**Fruit Bowl and Bread Basket**

Extend the shelf-life of your fruits, vegetables, and bread by keeping them on top of Sacred G designs. The technology will increase the taste and satisfy your hunger faster. Eat as many fruits and vegetables as possible for optimal levels of energy. Replace processed sugar with natural sugar from fruits. This is an especially powerful practice for children. It will eliminate emotional outbursts, rage tantrums and fighting with family and friends. There is a great deal of research on ADD/ADHD, depression,
bipolar, MPD and other afflictions on the energy systems of children that supports the elimination of processed sugars from their diet. Fruits are a safe and natural replacement, especially those charged with Sacred G technology.

**Kitchen Utensils**

Charge all your dishes, glasses, and cutlery with Sacred G. The technology will pass the charge into your food and drink.

**Health Supplements**

Supplements and nutritional shakes are being used by millions of people on a daily basis as a way to improve and maintain their health. If you are one of the millions – Good News! You can double or in some cases, even triple the positive effects of your supplements/shakes by storing them on Sacred G Fusion technology. Herbs are also wonderful to charge, as the different varieties affect different areas of the body. Using a specifically charged herb is a powerful method that allows you to focus into your body and decide exactly where you want more energy directed for accelerated healing.

**Sacred G Full Body Energy Cleanse**

Stand with each foot on one Sacred G design. Place another Sacred G design on top of your head. Feel the energy trickle out of your fingertips as you are bathed in Sacred G technology. Now place two Sacred G designs between your hands. Feel the buzz. This activity is a quick energy booster. It’s a process that builds up energy pressure (acting as a cleanser) throughout your body. The more places you place Sacred G Technology, the more energy you are going to experience and the better you are going to feel. Have fun, experiment and see what you can discover. Energy is a playful system that utilizes the imagination to its full extent. The only limitations energy will ever have are the limitations that you place on it through a lack of imagination.

**Bath Tub**

After a hard day at work or an extreme workout, the body needs to relax and unwind and what better way to do this than with a soothing bath. Place the Sacred G waterproof stickers on the bottom of the tub to charged up the water. This assures that
the water will assist the body in healing and increasing energy. Charge a five-gallon jug with Sacred G Fusion and add this to your bath for an extremely powerful experience. Try adding some bath salts to clear out the lactic acid and then add some Sacred G 137 essential oils to help give your body an extra boost. Sacred G will make your skin silky smooth by breaking apart the clusters of water molecules enabling a deeper cleanse.

**Massage Oils / Lotions, Shampoo & Conditioner, etc...**

A lot of everyday products that we use on our bodies are filled with toxic chemicals. The more toxic our body is, the more fat the body needs to neutralize so that it can store these toxins. It’s a lot of extra work and it burns energy that could be used in more optimal ways. Search for natural/green products. Remember that your skin will digest anything that you put on it -- so anything you put on it, you should be able to eat or drink! Add some Fusion 137 essential oils to energize and increase the healing benefits of all of your beauty products, soaps, lotions, etc... In addition to the oils, charge all your skin/hair care products with Sacred G technology. This will aid your body in eliminating any chemicals that are not beneficial to your optimal health.

**For Body Pain**

Massage oils charged with Sacred G will be transformed into a powerful pain relief solution that works extremely well as an application to a specific area of the body that needs healing. Simply face the appropriate Sacred G design towards the area of the body where you want to increase energy and eliminate pain. Sleeping on Sacred G Fusion has been known to eliminate chronic back pain within days.

**Clothing**

Your clothing is the first line of defensive between you and your vibrational environment. Place Sacred G Fusion posters in your closet and drawers to keep your clothes boosted with energy that will stay with you all day long. Be especially careful when choosing laundry detergents. Most are filled with chemicals that are not good for your body and will easily rub into your skin, adding toxins that will decrease your energy levels. Find a natural and green laundry detergent to use and you will see a
subtle difference in your energy. All of the green decisions that you make will significantly add to massive boosts of energy for you and an overall healthy state.

**Jewelry**

Magnetic and ionized bracelets are popular to use for boosting energy and relieving pain. That’s the upside. The downside is they are usually expensive and they don’t have much style. With Sacred G Fusion technology, you can supercharge all of your jewelry while you are asleep. Charging your jewelry is a powerful technique to boost your energy throughout the day. It also assists the body in maintaining emotional stability.

**Improving Eyesight and Multi-Dimensional Vision**

Sacred G has been known to improve eyesight through the regular practice of staring into the Simulator design, 15 to 30 minutes a day. Sacred G Fusion will also produce some interesting multi-dimensional visuals along with heightened states. Placing Sacred G stickers directly on your eyes for at least 15 minutes a day will awaken your ability to see energy and energetic fields that surround *everything*. There are layers upon layers in this reality. When you can sufficiently amplify your energy through Sacred G, your body will unveil new layers of energetic fields for you to see and experience.

**Contact Lens / Glasses**

Place Sacred G under your glasses, contact lenses and cleaning solutions to make them last longer. Some people have reported disposable lenses lasting 3 to 5 times longer.

**Extreme Performance Enhancement**

Take your performance to the next level by using Sacred G in any sports activity. Placing Sacred G designs on skateboards, surfboards, athletic gear or team uniforms will enhance your performance and improve your game.

**Candles**

Charge your candles with Sacred G to fill the air in a room with positive vibes. Try
this practice during or after there has been an argument in a room. The charged light and aroma will help clear the air and frame the conflict in more peaceful terms. Charging your candles will help boost your concentration and clear your head allowing new inspiring thoughts to come through. Using candles with Sacred G is great when working on any creative or artistic activity. Use Sacred G with candles that enhance meditation, enabling access to deeper states of mind. Natural and alternative health practitioners love this simple practice when working with clients as it keeps the energy moving around their environment, negating all stagnant energy.

**Crystals and Precious Stones**

Certain stones will generate a massive influx of energy sensations throughout your body after they have been charged with Sacred G. Experiment with different types of stones and crystals. Different types of crystals will each create a different and unique feeling. Crystals pick up all kinds of vibrations from the environment, so it is important to clear and activate them with Sacred G for maximum energy output.

**Meditation**

Sacred G is great for meditation! Sit or lie down on several Sacred G designs. You can charge up several crystals or rocks and place them on your body for a deep resonance. Burn some candles on top of Sacred G to take you even deeper. Listen to some nice music and let the energy take you for a ride.

**Yoga mats**

Place Sacred G designs or Sacred G Fusion posters underneath your yoga mat to instantly increase your strength and flexibility. Sleep on Sacred G Fusion to increase the healing at night, while reducing any pain from physically training your body. Sacred G can be used to support physically demanding exercises and accelerate healing as well.

**Vision Boards**

Have you ever heard of a vision board? A vision board holds pictures, photos, quotes, anything 2-dimensional that represents what you aspire to . . . what your dreams are. It becomes a physical representation of you accomplishing your goals and achieving
your heart’s desires. Attach some Sacred G to your vision board to add extra energy to your intentions. If you sleep on Sacred G, place a vision board between your mattress and the Sacred G designs for an accelerated manifestation. The energy will convert the visuals of the vision board into information and pass the instructions to your cells to start the materialization process. This practice will program the energy necessary for building the life of your dreams.

**Positive Influence**

Do you ever wish that you could change the world in a really big way, so that people are happier, more prosperous and enjoy their life as life was meant to be? You can help in this regard by placing photographs or pictures of authority figures on Sacred G to give them some positive vibes. Fill them with positive energy so that they will make more positive decisions that will benefit all of us. This practice works great for corporations also. You simply use the corporate logo to charge with Sacred G.

**Animals Love Sacred G**

Pets will notice the effect of Sacred G instantly. Once you begin using Sacred G for yourself, your pets will start sleeping on your pillows and bed. Cats will chew on the stickers, trying to get into where the energy is. Turtles will swim at hyper speed. The reactions of pets are one of the easiest ways to see the power of Sacred G technology. Simply place Sacred G under your pets’ food and water dishes, as well as under the area where they sleep. Notice the youthfulness and increased activity of your pet within days. For your “wet pets,” place the Sacred G Fusion posters behind the fish tank to keep the water clean three-times longer than normal.

**Hot Water Tank**

Placing Sacred G Fusion technology around the hot water tank will energize your water and is great for bathing and showering, as well as washing dishes and doing laundry. Combine this practice with a natural green product and see how soft your skin becomes.

**Air Ducts and Fuse Box**

Use Sacred G Fusion posters in the air ducts of your home. This is a powerful tool to
charge and clean the air that circulates throughout your house. Every member of your family will benefit from the healthy aspects of breathing clean air. They will also benefit from the positive vibrations emitted from Sacred G. Place Sacred G in your fuse box to encode the electricity that enters your home with positive vibrations. If possible, use a case of Sacred G Fusion to facilitate stronger benefits from the technology.

**Couch Cushions**

Place Sacred G Fusion underneath the sofa and also under the sofa cushions. This will boost your energy and enable your body to relax while you are watching TV, DVDs, or playing video games. You will find that you will become more immersed in the shows that you are watching and your heightened reactions will intensify your emotional experience. This is a great tool for kids. It has been reported that using Sacred G in this manner has actually reduced the amount of time that children desire to spend sitting in front of the TV -- the technology increases the desire for more physical activity.

**Picture Frame**

Place 1 -- 20 Sacred G Fusion posters into a picture frame to create a massive blast of energy for your home or office. Place the picture frame facing where you would like the energy to go. This practice is very beneficial for the living room, the den or family room, and the bedroom. The technology will work to keep the energy in the air clear, transcending all negative emotions that cause energy-depleting drama. To provide a boost in energy and productivity, this is also a great practice for an office, a practitioner’s room, a waiting room, etc.

**Pictures & Photo Albums**

Have you ever had an experience of thinking or talking about someone, when they suddenly called? We have all have an invisible connection. Harness this connection with Sacred G by placing the picture of someone that you are dealing with or would like to deal with on some Sacred G. This practice will send energy vibes to them. Try this, but don’t be surprised when you see how powerful the effects of Sacred G can be. This is a perfect tool to use when you are having problems with someone and you don’t
know how to solve or overcome them. Sacred G will help bridge the energy gap and bring about a peaceful resolution.

**Cleaning Products**
Activate your cleaning products with Sacred G technology and they will do a better job of cleaning. Electro magnetic fields from power sources cause the molecules of most cleaning products to coalesce into clusters, making it difficult for the cleaning agents to get into the really tough dirt. Sacred G splits these clusters apart so that the cleaning products can penetrate deeper and release their cleansing properties. Most cleaners are filled with toxic chemicals, so make it a priority to use natural and green products as these will assist in keeping your living environment clean and your energy high.

**Flowers and Plants**
Help prolong the life of your cut flowers and house plants by placing a Sacred G design underneath their vase or pot. Sacred G will help them grow strong and even snap them back to life if they have begun dying. Try using different designs and see how the results may differ. Then be sure to share your research with us.

**Vegetable Gardening**
Charge your vegetable seeds with Sacred G before planting them. Your food will taste better, last longer and fill you up faster. Sacred G energy influences every generation so be sure to replant new seeds every season. You can keep some types of seeds growing continuously in their environment by putting Sacred G laminated stickers or directly into the dirt. Experiment and see what kinds of results you get and then let us know. I also suggest placing Sacred G under your sprouts if you make them at home.

**Cell Phone**
Place the Sacred G micros on your cell phone to reduce the heat (up to 87%) and the negative effects of EMFs (electro magnetic fields) emitted by your cell phone. To Learn more about Cell Phone use and to download your Free Cell Phone Sacred G Micros, visit [http://www.freeshield.com](http://www.freeshield.com)

**Computer**
To reduce the brain-drain feeling you get when you have been sitting at your computer for a while, place Sacred G under your computer monitor and under your keyboard. This works really well to reduce the negative effects caused from EMFs. Place some Sacred G posters around your desk area to increase work productivity by an average of 300%.

**Backpack**

Place Sacred G Fusion (folded) into your backpack to charge your lunch and books. Charging your books with Sacred G technology increases your ability to retain what you read by an average of 300%. Use Sacred G as a bookmark to help you read and absorb information more effectively.

**Business Cards**

Direct the energy of Sacred G into your business by placing a business card face down on your chosen design to increase growth and wealth. You may notice instant effects from this. This is the next level of simply having a positive intent. A physical action is always more powerful than just a thought. Be open to new ideas and direction in your company. If you need to make more connections and build a team, use the Simulator design. If you are looking for new systems or new ideas to govern your company, use the TranceNdance design. If you wish to accelerate the momentum of your company, use the Activator design. If there is too much drama in your company, be sure to use the Transporter design. Add Sacred G Fusion to your company or business for an increased focus in building wealth.

**Vehicle**

Lastly, but certainly not least! For so many people, their vehicle is a second home.

Place Sacred G under your seat. This will reduce the pain and stiffness experienced from long periods of driving. This technology is priceless for truck drivers, taxi drivers or anyone else who spends a lot of time in their vehicle. Try putting Sacred G stickers on your gas tank, gas tank lid and fuel filter for increase gas mileage. Let us know what kind of results you achieve.
CHAPTER SIX

R & D and Q & A

Research and Development ▪ Questions and Answers

Research

Infrared Testing with Cell Phones

Infrared Test without Sacred G Micros
White = Highest Heat

Infrared Test with 4 Sacred G Micros
Red = Normal Tissue Temperature

After 15 minutes of exposure to cell phone radiation, the head on the left shows significant levels of heat radiation. Notice the areas of white, which represent the hottest temperature readings.

After 15 minutes on the same cell phone with 4 Sacred G Micros installed, the head on the right shows far less heat. The red areas show cool, normal tissue temperatures.

After collecting data from numerous infrared thermography trials, there is now scientific proof that Sacred G Micro technology reduces thermal heat radiation up to 87%!

There is scientific proof that...

a) Cell phones "cook" your head.
b) Sacred G reduces this effect up to 87%!
“Without the Sacred G Micro, my cell phone always got hot. I could feel the heat in my head. Now that I have put the Micro on my phone, I no longer feel the heat...”

~ Rochelle Coatney, California


Gas Discharge Visualization Camera

Tap Water

Tap Water Charged with Sacred G

Many people are interested in structured water (the way in which water molecules align themselves, bond to each other, and interact with each other). Generally, structured water consists of small molecular clusters as opposed to the larger clusters of water molecules found in tap water. Smaller clusters are thought to improve hydration. There are not many effective ways to measure structured water, except by secondary effects. The Gas Discharge Visualization Camera (GDV) provides an important way to assess directly the effects of various water treatments. The GDV Camera (Russian technology) measures photon emissions in response to a micro current.

The images above illustrate the results of placing a container of tap water on Sacred G Technology. A GDV assessment of tap water (left photo) illustrates that the water essentially has no energy. However, the photo on the right illustrates a dramatic increase in the energetic responsiveness of the water after it had set on the Sacred G for nine hours. The image has a significantly increased bright corona discharge (a measure of
energy) and pronounced flares originating from a few action sites, indicating more highly structured water.

Independent Research Performed by: Lisa Tulley, PhD. Pharmacology & Toxicology

**Celery Preservation**

![Celery (4 days old)](image1)

![Celery Charged with Sacred G (21 days old)](image2)

Notice how the 4-day old celery is already starting to wilt and bend over. The celery that was energized by Sacred G technology is still bright, firm and crunchy.

Most people buy fresh fruits and vegetables weekly because of their very short shelf-life. I used to do the same thing. However, after using Sacred G for my fresh foods, my grocery shopping habits have changed. Now, I buy a month’s worth of groceries at the beginning of each month, *including all my fresh fruits and vegetables*.

The following experience illustrates the power of Sacred G in prolonging the shelf-life of fresh foods. On March 2, 2005, I bought some fresh celery at the local market along with my usual supply of groceries. On March 20, 2005, I cleaned out my fridge in preparation for a move at the end of the month. At this time, I removed the Sacred G chargers that I had placed on the walls and shelves of the fridge. By this time, the celery that I had purchased on March 6th had been charging for two weeks.
On March 23, 2005, I bought more celery for an Easter dinner party that I was hosting. I still had some celery from March 6th, but I wanted a fresher stalk for a special Easter dish.

On March 27, the day I prepared Easter dinner, I took out the two celery stalks that were in the fridge. I was amazed that the oldest stalk was in much better condition than the one most recently purchased. The one that I had purchased at the beginning of the month still looked fresh and crisp and its leaves were still bright green. The one that I had purchased only five days earlier had already begun wilting and its leaves were turning brown. It actually looked much older compared to the March 6th purchase.

In the pictures -- the celery stalk that has been cut away is the older one from March 6th and the full stalk of celery is the one that I purchased on March 23rd.

**Flowers Charged with Sacred G**

This is a fantastic illustration of the powerful influence that Sacred G Technology can have on flowers. It’s also an indicator of the massive potential that Sacred G can have against anti-Aging.

The above flowers were purchased at the same time and were part of the same bouquet. Three of the flowers were removed from the bouquet and put into two different vases. The rest were placed in another vase with a Sacred G TranceNdance sticker under
it. These flowers are 12 days old and you can see the significant impact that Sacred G has had. Just think what thousands of the Sacred G Posters could do for your body and mind!

Frequently Asked Questions Regarding Sacred G

Q. How do I enhance the durability of my Sacred G?
A. Many people have found that laminating the Sacred G designs is the best way to increase their durability. This is a great solution, especially for using the Sacred G in your fridge, with your water, in or under your bed, and any other place where the Sacred G design could be exposed to moisture or the possibility of rips and tears.

Q. Can I cut the Sacred G Fusion Posters?
A. No, it is not recommended that you cut the Fusion posters, but you can fold them to custom fit places like the fridge, freezer, pantry, small compartments, etc..

Q. I just downloaded and printed the digital version of Sacred G. Now what do I do with it?
A. The best way to use the printable version of Sacred G is beneath your pillow and/or beneath your water & food. Simply place the Sacred G, design side up, directly inside your pillowcase on the underside of your pillow. This will prevent the Sacred G from moving around too much at night. For a heightened experience with the printable Sacred G, print several and layer them between your box spring and mattress, beneath the entire length of your body. For your water and food, place the Sacred G design face-up beneath your glass or water bottle, beneath your plate of food, in your fridge or under your fruit bowl.

Q. I just received a Sacred G Sticker Pack. How do I use them?
A. The Sacred G stickers, which are double sided for extra energy, are great to use to charge up anything you put in, on, or around your body. You can either stack them ALL under your pillow for a big boost of energy, or you can place just one design for the specific area of your life you want to enhance. You can also use the stickers to charge your water, food, jewelry and more.

If you purchased the Variety Pack, you are in for some fun! You can utilize all
the applications above, or you can use the stickers like a mini tarot deck. Read the descriptions of what each sticker is for and choose the one the most resonates with what you are going through and place it beneath your pillow. You can also wave your hand slowly over each design with your eyes closed and choose the one that draws your attention most strongly. Then place it beneath your pillow, and enjoy!

Q. **What is the best way to charge my food and water?**
A. Ideally, you want to be drinking water and eating food that has been charged on the same amount of Sacred G that you have been sleeping on. When possible, only eat, drink or use products that carry the same level of charge as your body does. The easiest way to do this is to place your groceries and/or bottles of water directly on the bed for at least 30 minutes before putting them away. Make sure that you have Sacred G in the fridge, freezer, and pantry to hold the charge. Place Sacred G under the shelves to protect them from tearing. Always carry a few pocket chargers with you for when you eat or drink away from home. It will only take 3-5 minutes to charge your food and/or beverage.

Q. **What is the best way to charge my supplements, herbs, and medications?**
A. Same as above. Be sure to charge anything you put in, on, or around your body with as much Sacred G as you are sleeping on. With herbs, supplements and medications, it is **VERY IMPORTANT** to remember that Sacred G is an amplification technology, which may increase the effects of anything it charges. Listen to your body and decrease your dosages as your body informs you when it is time to do so. Always consult your doctor before altering any instructions or prescribed dosages on prescription medicines.

Q. **What is the best way to use Sacred G on the body for aches and pains?**
A. Whenever possible, place the Sacred G directly on the body. For example, for back pain, take a stack of Mini Activators and hold them directly against your back, or place them between your back and your chair, or you can lay directly on them. For even more powerful results, charge up the Fusion 137 Essential Oil Blend that we offer and rub it on the agitated area. You can also mix the Fusion 137 Essential Oil in your other products to give them extra healing properties. And lastly, charge up a glass of water,
and when you are drinking it, put all of your focus on the area of your body that requires relief. Direct your energy quickly to the source of pain and discomfort.

**Q. How do I combine my Sacred G with my vision board or goals list?**

**A.** If you have a vision board, simply put the Sacred G beneath your pictures, inspirational quotes and personal goal list. Sacred G makes a GREAT background for any vision board.

In addition, in as much detail as possible, write out what you desire to manifest in your life. Place the list on top of the Sacred G that is underneath your sheets, mattress or bed. The Sacred G will send resonating energy through your list and into your body, informing your body with instructions for exactly what action steps to take to turn your desires into reality.

**Q. How do I use Sacred G with my cell phone and other EMF emitting devices?**

**A.** Simply stick the Sacred G directly on the device. We have many different sizes of stickers available for this purpose. The L.O.V.E. Micro is made specifically for cellular phones, but can also be used on computers and microwaves, and even on your body. Did you know that when sleeping on Sacred G, you are surrounding yourself in a shield that protects you from EMF’s while you are asleep?

**Q. What is the best way to use my Sacred G for meditation?**

**A.** This is my favorite way to use Sacred G for meditation: Light some candles. Place them on some Sacred G stickers. Lie on your Sacred G bed and place some Sacred G charged crystals along the chakras.

**Q. When I travel, how much of my Sacred G should I take with me?**

**A.** Of course, as much as possible! However, due to the weight of the boxes, 25 of the regular-sized double-sided posters should do the trick. The plastic capsule that the Sacred G comes in is perfect for traveling and fits into most suitcases.

**Frequently Asked Questions Regarding the Transformational Process that Sacred G Technology Initiates**
**IMPORTANT:** Sacred G is an extremely powerful technology that has three major stages of development. In simple terms, they are cleansing and clearing, constructing connections, and creating conscious change. Each of these stages has their own unique attributes. It is essential to rid your body and mind from the toxins that have accumulated over the years. Toxins come from many sources . . . chemicals in foods and beverages, hygiene products, cleaning products, pollutants in the air and water, etc. Toxins may also come from people, circumstances, and events that are negative-based. It will be necessary to deal with old memories, feelings, and belief systems that no longer serve your well-being, physically, emotionally, and spiritually. You will need to come to terms with the decisions that you have made in your life and their consequences. This is difficult work. But once through it, you will feel enormously powerful to chart a new course, to make a new agreement with reality, and to move forward clean and clear, toward the life of your dreams. In order to achieve higher states of consciousness, you will need to become aware of and embrace the natural systems of your body. That is your traveling vehicle on the planet and it is the starship to your dreams.

**Q.** I tried sleeping on Sacred G, but I couldn’t sleep. I was restless and I tossed and turned all night long. I had to remove the sheets to get some sleep. What should I do?  

**A.** Sleeping on Sacred G will immediately begin the process of deconstructing the stress that you accumulate daily. If you toss and turn, this is a direct manifestation of energy clearing the anxiety and stress that you have suppressed. For example, when you spend your time doing something that isn’t what you want to do or you feel that it isn’t taking you where you want to go -- anxiety, resentment, and frustration start to build within the body. If you continue this pattern, your body will become very toxic with these negative emotions. Sacred G is built to get you back on track with your purpose so that you are living your passion. While this process is difficult, you must hold tight to your intentions of living a more fulfilled and happy life. Continue with this process until it is completed. Within days of completing this first phase, you are most likely going to make a big shift in your life. This stage *usually* only lasts a few days, however it can last up to 6 weeks depending on the amount of internal work that needs to be completed.
Q. As soon as I started using Sacred G, my energy skyrocketed. When I added more posters, my energy plummeted. What happened?
A. When you first started, your energy levels increased, according to your body’s capabilities at the time. Once you applied more posters, your energy state increased beyond your current physical capability to hold that much energy – hence the plummeting. What happens is that a new level of growth opens and it requires the body to purify itself to a corresponding level. The drop in energy happened because your body went into the hard work of internalized cleansing and development issues associated with your core. Study the Tree of L.O.V.E. to identify which chakra is blocked and take the necessary steps of examination and analysis so that you can once again move forward. In time, this phase will pass and your energy will shoot up again, but this time around, it will surpass the energy levels you experienced previously.

Q. I have been feeling groggy and spacey the last few days, should I stop using my Sacred G?
A. The body will initiate a physical cleansing of the cells in your body. As the toxins are released into the blood stream to be eliminated from the body, you may feel groggy or spacey. These toxins have been in your body for a long time and they have influenced your choices daily. You feel spacey and groggy because you are simply becoming aware of the chemicals toxins and their movement from your body. As your body clears itself, a feeling of spaciness occurs. To speed up this process, drink plenty of charged water and be sure to keep charging your food. You can also try doing one of the cleanses mentioned on the Tree of L.O.V.E.

Q. My dog is acting like a puppy again and has started sleeping on my bed all the time. Can he feel this energy too?
A. Pets LOVE Sacred G and the results of sleeping on Sacred G are instantaneous. A youthful playfulness and a calmer attitude towards people are the most common results.

Q. I am dreaming continuously every night. It’s like watching movies. Does it ever stop?
A. Dreams are the method the body uses to process and clear internal information and emotional static. Advanced levels of dreaming include: new information for your
growth, simulations of desired choices so you may realize their outcome, and the opening of extremely powerful spiritual states. Be sure to have a pen and paper handy when you wake up to record your dreams. All dreaming states are teachers. They are in response to what you have been thinking about and what you have been questioning. Keep a record and soon you will see a set of patterns that will inform you as to what your next step will be on your path to a fulfilled life.

Q. Why do I need to use more than one Sacred G Poster?
A. Every Sacred G Poster will generate a certain amount of energy. To boost your energy levels higher, simply add more Sacred G. Just wait until you realize the states of experience that you can access with higher quantities of Sacred G!

Q. Can I put the Sacred G directly on my body?
A. Yes. Placing the Sacred G directly on the body can help to eliminate aches, pains, headaches, cramps, etc. Try charging up Fusion 137 essential oils or any massage oil with Sacred G and apply it to your body for pain relief.

Q. How long should I leave my water, food and supplements on top of the Sacred G?
A. The best way to use this technology for charging food and beverage products is to place Sacred G posters in the fridge, freezer, pantry, medicine cabinet, etc . . . underneath the shelves and on the walls and leave them there permanently. This will ensure the most powerful charge. For greater results, increase the number of posters used for charging.

Q. What exactly happens to my water and food when it is charged with the Sacred G?
A. There is a mathematical program embedded within Sacred G technology that enhances cellular absorption, thus strengthening the effects of the energy. When you charge your food and water, the programming increases the cellular absorption of your food and beverage. Greater absorption satisfies your hunger quicker, enabling you to eat less. Sacred G can be a very powerful tool for weight loss. Charging your food with the full spectrum vibration that doubles as a stabilizing agent and a natural preservative lengthens the shelf-life of all foods and beverages.
Q. Can I use too Much Sacred G?
A. Sacred G uses a perfectly balanced, full-spectrum vibration that enables you to continually increase the amount of technology used. Four people have tested Sacred G at extreme quantities of up to 72,000 posters for over a 1 year period. The results are neither comprehensible nor explainable to someone that has not accessed extremely high states of consciousness. Yet, without hesitation, I would recommend it to anyone that yearns to explore the *Consciousness of the Universe*. There is a safeguard in the mathematics that prevents anyone from opening higher states of energy before they are physically, emotionally and intellectually capable. The technology also incorporates a coaching program to help you develop through a growth-cycle of ever-increasing amounts of Sacred G.

Q. I am starting to download information that I have never been aware of before. Where does this come from?
A. Welcome to the new way of learning. I call it the L.O.V.E. Innerversity. This new education system is a powerful Intelligence System built directly into Sacred G technology. It is designed to unlock the potential of the human body to help you achieve your goals. It works on several layers . . . just wait until you start down-loading new forms of motion into your body and you watch yourself move. Another fun effect is the ability to speak without knowing what you are going to say and learning from yourself as you say it. Your body will become an intelligent being that teaches and interacts with you. This is an absolutely phenomenal state of existence.

Q. My sensations are incredible and my love life is amazing. I would like to know what is happening so that I can do and have more of it.
A. Enhancing the senses literally means enhancing your sensations. This occurs as Sacred G continues to boost you to new heights of self-acceptance and enables you to open your heart. Your senses will become much more intense. Just wait until you experience Tantric energy fill your being as you and your partner feel your spirits merge. Oh, so many things to experience. I LOVE IT!!

Q. I have spent the last 15 years doing self-development and this technology
seems to automate everything. Do you think this takes away from a person’s individual accountability for the laws of cause and effect if they can have their body and mind cleared automatically?

A. The great thing about the technology is that it is not a free ride. You have to train to work within it, as it teaches you to process memories faster, clear out negative emotions, eliminate judgments, and open up to new perceptions. Although the process is automated, this does not mean that the clearing is instantaneous or that each person does not have to be accountable for his or her actions. In order to learn and develop, conscious recognition must be obtained before new programming is locked in --this fulfills the laws of cause and effect. What you put into the body, you are also responsible for clearing out, even though it may be uncomfortable at times to do so

Q. Does the technology have the same effect from looking at it? Should I put it on my walls or on the ceiling above my bed?

A. You can put it anywhere you like! Yes, Sacred G does have a powerful effect from staring at it. TIP: Placing Sacred G posters under your bed and on the ceiling above your bed will create a pressurized effect that will enhance your results. Place the Posters on your headboard and footboard as well, to create an even more powerful effect!

Q. I know this question may sound strange -- but does the Sacred G answer prayers? I mean, at night I usually go over my affirmations (or prayers) while I am meditating and it seems to me that since I have been using the technology, my intentions, or as I like to call them, my prayers are being answered faster.

A. When you override the massive amounts of vibrational influences contained within our environment, your body is able to create your goals more efficiently. Increasing the number of Sacred G posters will essentially increase the speed that your intentions or prayers are manifested.

Q. Does the transformational effects induced by this technology stop? Do old patterns come back if I stop using the technology?

A. When you stop using the technology, your body will re-harmonize with your
environment. This is the drop in energy that many people experience and are concerned about. Sacred G technology is designed to overcome negative vibrations created from electricity. With the additional mathematics in the technology, Sacred G vibrational energy has the ability to help you process negative emotions from past memories and solve conflicts within your belief systems. This is the clearing phase and it will assist in unlocking new information that is more aligned with your new perspectives. All of these benefits stay with you. It is impossible to unlearn them.

The process that the technology uses is a naturally occurring growth cycle of the body. The technology accelerates this growth cycle and helps to prevent you becoming stuck in set patterns that inhibit personal growth. The technology assists the body in clearing out “stuck energy” that slows down growth and awareness. With cleared pathways, the technology gives the body a boost of energy into a higher state of awareness. In the simplest of terms, Sacred G technology establishes a synergistic program where the body, the brain, and intelligent Consciousness work to clear away negative memories and false belief systems that retard growth and awareness. In working with this technology, each step along the way will negate an old level of awareness that no longer serves you, to reveal a new level of awareness that is more aligned to your soul purpose.

Just as a graduating high school student cannot forget what she or he has learned during 12 years of education to return to kindergarten with the mind of a kindergartner, neither can you move backwards in spiritual awareness. It is impossible. There is no going backwards.

Increasing the amount of Sacred G will speed up the development and integration process. Although the technology is designed to act as a facilitator, it will still be necessary for you to go through the process of clearing and integrating for you to move forward in personal growth into a higher state of consciousness. The beauty of the technology is that it removes the struggle to grow. The extra energy initiates personal growth, making this transformational process easier for people to step into their potential and live the life of their dreams.

If you have a question that is not answered above, simply email me and I will add it to our list of FAQ’s. Please send your question(s) to info@loveinnerversity.com.